

# You're Someone Special

Over \$150 in Savings!

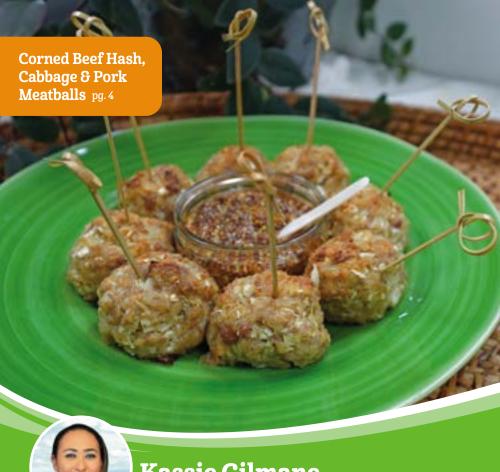
Offers Good Feb. 26 to Mar. 11, 2025

Loaded Baked Potato Fries

pg.46



Corned Beef Hash, Cabbage & Pork Meatballs pg.4 Green Miso Glazed Salmon pg.36



Kassie Gilmane KTA Downtown, Hilo Store Director

Aloha KTA 'ohana, One of the many beloved local traditions on Hawai'i Island is Girls' Day or Hinamatsuri. Held on March 3rd, Girl's Day is a Japanese tradition that celebrates all the young women in your life with gifts, snacks and 'ono food. This celebration was passed down through generations of Japanese immigrants who came to Hawai'i during the plantation era.

At KTA, we have everything you need to make this day special. Swing by to pick up fresh pink and white mochi, a symbol of good health. For a fun activity, try making chirashizushi together with your daughters—a colorful rice dish topped with green veggies, egg and a variety of sushi. Adorn your table with vibrant flowers, like cherry blossoms or orchids, for an extra special, festive touch.

Do you and your family celebrate Hinamatsuri? Share with us on our social media and visit KTA for all your Girls' Day essentials.

















Loaded Baked Potato Fries

pg. 46



# Coupons

Grocery	4
Perishables	40
Health & Beauty	48
Household	52
Wines & Spirits	60
Coupon Index	63

#### **Featured Chef**



#### Ryan Covert

Ryan Covert is both the owner and head chef of Covert Affairs, which caters to locals and celebrities alike. His dynamic cooking style is a global celebration, focusing on Asia-Pacific, Mediterranean and Caribbean cuisines.



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at ktasuperstores.com/stay-in-touch or scan the code!

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.



In Tomato Sauce Van Camp's Pork and Beans 15 oz.

**1**39



Just add meat!

Manwich

Sloppy

Joe Sauce
15 to 16 oz.

199



Unless otherwise stated, we reserve the right to limit sale items to 5 units per customer. Prices are subject to a 4.7120% excise tax. Applicable beverage are subject to HI State Beverage fee & deposit. Not all products may be available at KTA Downtown, Waikoloa Village or KTA Express.

#### Corned Beef Hash, Cabbage & Pork Meatballs

15 oz. can corned beef hash pg.5

1 lb. ground pork pg.42

2 eggs

3 cloves garlic, minced

1 cup onion, finely diced

2 cups cabbage, finely diced

2 cups Kerrygold Dubliner Irish cheddar cheese, finely shredded

1 cup plain breadcrumbs pg.9

1 tsp. salt pg.10

½ tsp. black pepper pg.10

non-stick cooking spray

1 jar whole grain mustard, as a dip pg.12

Preheat oven to 350°F. In a large mixing bowl, add corned beef hash, ground pork, eggs, garlic, onion, cabbage, cheddar cheese, bread crumbs, salt and pepper. Mix together well and place in refrigerator to rest for 20 minutes. For easy clean up, line a baking sheet with aluminum foil and spray with non-stick cooking spray.

Shape the meat into meatballs slightly smaller than a golf ball in size. Place meatball evenly on to baking sheet and bake for 25 to 30 minutes until done and slightly crispy on the outside.

Once cooked, remove meatballs from baking sheet and place on a serving platter. Serve with whole grain mustard as a dipping condiment. Enjoy this pupu for your Saint Patrick's Day celebrations!

Servings:

12 to 14 servings

**Total Time:** 

1 hour

Pair With:

**Deschutes Obsidian** Stout Beer

**Enjoy with eggs!** 

#### **Libby's Corned Beef Hash**

15 07

Without coupon 2 for 6.50, limit 5 sets per coupon Coupon price good on set purchase only.



1350-50



In Clam Juice
Snow's Minced
or Chopped
Clams
6.5 oz.

2:\$4



Bumble Bee Chub Mackerel 15 oz. or Pink Salmon 7.5 oz.

Traditional or Rich & Hearty
Progresso
Soup
Savings!
18.5 to 19 oz.

**2**97



Tomato
Essential
Everyday
Pasta Sauce
24 oz.

**2**29



100% Natural Hunt's Tomato Puree 10.75 oz.

3;\$5



Crushed with Basil, Diced or Whole

Hunt's 100% Natural Tomatoes

2:56



No Preservatives

Dinty Moore Beef Stew 20 oz.

**3**79



100% Pure Planters Peanut Oil 24 oz.



In Oil or Water

# **Bumble Bee Chunk Light Tuna**

Without coupon 1.27, limit 10 per coupon







**Enriched Macaroni Product** 

# **Essential Everyday** Pasta Savings!

12 to 16 oz.

Without coupon 1.59, limit 8 per coupon





1301-30



100% Natural

## **Hunt's** Tomato Sauce

33.5 oz.

Without coupon 2.99, limit 5 per coupon







1303-20

Regular, Hot or Vegetarian **Hormel Chili** with Beans 15 oz.



Black, Kidney, Pinto or Red

Bush's Best Chili Beans 15.5 to 16 oz.

2:\$3



High in fiber!

Bush's Best

Baked

Beans
28 oz.

**2**79



Black Ripe **Lindsay Sliced** 

**Olives** 2.25 oz.

**1**79



**Black Pitted or Sliced** 

Lindsay Snack and Go! Olives

2:\$5



Sliced or Pitted Greek

Mezzetta Kalamata Olives

**2**99



Hot

Mezzetta Chili Peppers 32 oz.

**1**29



Original or No Sugar Added

Mott's Applesauce Savings!

**1**99



100% Real

Betty Crocker Mashed Potatoes



**Regular or Reduced Sodium Bush's Best Beans** 

Black, Garbanzo, Cannellini, Kidney, Great Northern or Pinto 15 to 16 oz.

Without coupon 1.19, limit 6 per coupon



Excludes Organic & Chili



1344-20

**California Ripe Pitted** 

## **Lindsay Large Black Olives**

6 oz.

Without coupon 2.49, limit 5 per coupon





1341-20

**Deli-Sliced** 

### **Mezzetta Peppers** or Peperoncini

16 oz.

Without coupon 2 for 5.50, limit 4 sets per coupon Coupon price good on set purchase only.





1342-50

Quality

#### **Progresso Bread Crumbs** 15 oz.





Create meals in a flash with Lawry's Spices & Seasonings Mixes.

Enjoy the convenience of all the flavorful spices in one packet!



#### It's amazing what a little Lawry's flavor can do!

Enjoy taco night!

**McCormick Taco** Seasoning

Mix 1 oz.



Pure

**McCormick** Vanilla **Extract** 107.



**Bits or Chips** 

**McCormick** Bac'n **Pieces** 

4.1 to 4.4 oz.

ea.



Salt or Peppercorn

**McCormick** Grinder Savings! .85 to 2.5 oz.





Au Jus, Chili, Spaghetti Sauce, Beef Stew or Fajita Mix

Lawry's Gravy or **Spices & Seasonings** 1 to 1.5 oz.

Without coupon 4 for 6.00, limit 2 sets per coupon Coupon price good on set purchase only.





122-100



Lawry's Garlic Salt with Parslev 11 oz. or **Old Bay Seasoning** 6 oz.

Without coupon 4.37. limit 5 per coupon





123-40



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographical errors are subject to correction. Oscar Mayer
Bacon Bits or
Recipe Pieces
2.8 to 3 oz.

**2**19



Made with real broth!
Heinz
Homestyle
Gravy
12 oz.

**2**59



#### Best Foods Mayonnaise

Real, Garlic Aioli Dip & Spread or Spicy Dressing 11.5 oz.

**3**89



Made with organic free-range eggs!

Best Foods Organic Mayonnaise

6<sup>99</sup>



**Cocktail or Tartar** 

Kraft Sauce Sale!

219



Regular or Country **Grey Poupon Dijon**Maraba wal

Mustard 8 oz.

**3**29



Traditional Classico Pizza Sauce

14 oz.

**2**¦\$5



For steak, pork & chicken!

A.1. Original Sauce



**Kraft Seasoned Coating Mix** 

Shake & Bake, Oven Fry 4.2 to 5 oz.

or Dinner velveeta Shells or Deluxe Mac & Cheese 12 to 14 oz.

Without coupon 3.69, limit 6 per coupon









Real

# **Best Foods Mayonnaise**

48 oz.

Without coupon 8.99, limit 5 per coupon







**Grown Not Made** 

## **Heinz Tomato** Ketchup

14 oz. squeeze

Without coupon 2.59, limit 5 per coupon





1348-30



Distilled

#### **Heinz Apple Cider Flavored Vinegar** 128 oz.



Non-GMO
Gulden's
Spicy Brown
Mustard
12 oz.

199



Kosher Dill Vlasic Snack'mms Pickles 16 oz.

**3**29



**Original or Butter Flavor** 

Crisco Shortening Sticks 20 oz., 3 count





All-Vegetable
Crisco
Shortening
Savings!
48 oz.

949



**Naturally Decaffeinated** 

Sanka Instant Coffee 8 oz.

659



Ground or Whole Bean

Gëvalia Arabica Coffee

**7**99



Unicorn Marshmallows or Marshmallow Lovers

Swiss Miss Hot Cocoa Mix 6 envelopes

**3**89



**Marshmallow Super Value Pack** 

Swiss Miss Hot Cocoa Mix 30 envelopes



Drizzle over salad!

# Wish-Bone Dressing

15 oz.

2°56 ea. set

Without coupon 2 for 6.50, limit 4 sets per coupon Coupon price good on set purchase only.







**Canola or Vegetable** 

Crisco Pure Oil

**14**<sup>59</sup>

Without coupon 14.99, limit 5 per coupon





26 to Mar. 1

1343-40 Mar. II, 2025

Traditional or Dark Roast **Yuban Ground Coffee**25.3 to 31 oz.

1159 ea.

Without coupon 11.79, limit 3 per coupon





1308-20



ar. 11, 2025 \_\_\_\_\_

Swiss Miss
Hot Cocoa Mix
8 count
319



Non-Alcoholic Reed's Ginger Beer 4 btls. - 12 oz.



100% Caffeine Free Pero Instant Natural Beverage 7 oz.

pero

**6**/3

Coffee & Milk Beverage

Dunkin' Iced Coffee

289



Coca-Cola, Sprite or Dr. Pepper Soda

**719** 

Regular or Zero
Powerade
Sports
Drink
28 oz.

3:\$5



Home Brewed Taste
Gold Peak
Iced
Tea
18.5 oz.

2:\$4



Infused with Fruit Essences

Hint Water Deals!

**3**:\$5



Good for your gut! Halfday Iced

**Tea** 12 oz.

2:\$4



Quality
Bigelow
Tea Sale!
18 to 20 bags

**2**99



SUPER STORES

1313-20

1313-20



Without coupon 3.19, limit 5 per coupon

Soda savings!

Coca-Cola, Sprite, or Dr. Pepper 24 cans - 12 oz.

**14**99





26 to Mar. 1

1307

Without coupon 15.19, limit 2 per coupon

Assorted **Monster or Reign** 

**Energy Drinks** 

15.5 to 16 oz.

2<sup>f</sup>\$4<sub>ea.s</sub>





776 50



Excludes Reign Storm

Coupon price good on set purchase only.

Without coupon 2 for 4.50, limit 5 sets per coupon

Fruit or Tea Flavored
Nixie Sparkling
Water

8 cans - 12 oz.

**5**<sup>49</sup>







A wave of fun flavors made with refreshing all natural fruit juices and packaged in individual pouches for convenience, Capri Sun juice is perfect for school lunches and on-the-go activities.

Orange Tang Drink Mix

58.9 oz.

979





Apple, Fruit Punch or Berry
Capri Sun 100%
Juice Drink 10 pouches

# Capri Sun-sicles Frozen Treat

#### 1. POKE.

Turn Capri Sun pouch upside down. Carefully cut a half-inch slit in the middle of the silver pouch with scissors. Poke a popsicle stick into the opening. Don't miss.

#### 2. FREEZE.

Place into the freezer stick-side up. Freeze for about four hours. Trust us, it's worth it.

#### 3 YUM

Once fully frozen, flip your Capri Sun-sicle right side up. Cut the top open with scissors. Push the frozen juice up and high five yourself for what you just created. Easy freezy!



Regular or Roarin' Waters

#### Capri Sun Juice Drinks or **Country Time Lemonade** 10 pouches

Without coupon 2 for 7.50, limit 4 sets per coupon Coupon price good on set purchase only.





1346-50

Natural Flavored
Hawaiian Sun
Powder
Drink Mix
3.23 to 4.52 oz.

**3**19



Natural Flavored
Hawaiian Sun
Pancake
Mix

**3**39

6 oz.



100% Juice or Grapefruit

Ocean Spray Juice Drinks 60 to 64 oz.

**4**99



**Cranberry or Cran-Grape** 

Ocean Spray Juice Drinks 6 btls. - 10 oz.

**5**<sup>29</sup>



**Bugles Corn** 

7.5 oz. or

Chex Mix Snacks 8 oz.

**3**97



Crunchy, Chewy or Sweet & Salty Nut

Nature Valley Granola Bars

**4**39



Go or Organic Kashi Cereal Savings!

**4**29



**Kellogg's Cereal**Apple Jacks, Froot Loops,

Apple Jacks, Froot Loops, Corn Pops, Cocoa Krispies, Frosted Flakes or Frosted Mini Wheats 8.8 to 16 oz. or Fun Pak 8 count



**Fruit or Tea** 

### Hawaiian Sun Natural Drinks

6 cans - 11.5 oz.

**2<sup>5</sup> 6** 

ea. set







Without coupon 2 for 6.50, limit 6 sets (3 cases) per coupon Coupon price good on set purchase only.

Cranberry, Blends or Zero Sugar

# Ocean Spray Juice Drink

60 to 64 oz.

**4**39

Without coupon 4.69, limit 5 per coupon







Feb. 26 to

1339-30

#### **Post Cereal Sale!**

Honey Bunches of Oats 11 to 12 oz., Raisin Bran 16.6 oz., Fruity or Cocoa Pebbles 11 oz.

**4**99

Without coupon 5.39, limit 6 per coupon





17 40



Mar. 11, 202



High in fiber & protein!

Wild Harvest Organic Tahini

**7**79



Creamy

Wild Harvest Almond Butter 12 oz.

**7**89



Strawberry Essential Everyday Preserves

**3**59

18 oz.



Apricot **Essential** 

Everyday Preserves

**3**99



**Bean or Coconut Filled** 

Punaluʻu Bake Shop Anpan 8 oz.

2:57



Sweetbread or Honey Wheat

Punaluʻu Bake Shop 24 oz. loaf

629



Sliced

Love's Hot Dog

or Hamburger Buns

8 count

**5**29





Love's Old Fashioned or Powdered Donuts

 $6^{79}$ 

**Creamy or Crunchy** 

# **Wild Harvest Organic Peanut Butter Spread**

Without coupon 5.19, limit 5 per coupon









US Grade A **Essential Everyday Clover Honey** 12 oz.

Without coupon 4.19, limit 3 per coupon





Sweetbread or Honey Wheat

### Punalu'u Bake **Shop Rolls**

16 oz.

Without coupon 4.99, limit 5 per coupon





1337-20



Sandwich maker! Love's Royal **Hearth Bread** 24 oz. loaf



**Rosemary Garlic Parmesan** 

Red Lobster Biscuit Mix 11.36 oz.

**2**79



Krusteaz Cornbread & Muffin Mix 15 oz.

2:\$5



**Rich & Creamy or Whipped** 

Betty Crocker Frosting

**279** ea.



Supreme Walnut
Betty Crocker
Delights
Brownie Mix
16.5 oz.

**3**49



Powdered, Light or Dark Brown

Essential Everyday Sugar 32 oz.

**269** 



All-Purpose Essential Everyday Flour 5 lbs.

2:56



Flatbread, Focaccia or Garlic

King Arthur Bread Mix Kit

**5**29



Neapolitan-Style King Arthur '00' Pizza Flour

679

3 lbs.



Quick & easy!

### Krusteaz Pancake or Waffle Mix

25.2 to 32 oz.

Without coupon 3.19, limit 5 per coupon







**Super Moist** 

#### **Betty Crocker Cake Mix**

13.25 to 14.25 oz.

Without coupon 2.19, limit 5 per coupon







#### **Essential Everyday Granulated Sugar** 4 lbs.

Without coupon 2 for 7.50, limit 4 sets per coupon Coupon price good on set purchase only.







# **King Arthur Flour**

Whole Wheat, White Whole Wheat or **Unbleached Bread** 5 lbs.



Popping & Topping
Orville
Redenbacher's
Buttery Oil
Flavored 16 oz.

**3**99



Original or Baking
PAM No-Stick
Cooking
Spray
5 to 6 oz.

**4**<sup>59</sup>





**Sweetened** 

Baker's Angel Flake Coconut 7 oz.

2:\$4

Classic Mix Jell-O No Bake Cheesecake 11.1 oz.

**3**39



Hershey's Syrup 22 to 24 oz. or Reese's Creamy

Peanut Butter
18 oz.

**3**89



Hershey's Syrup

Zero Sugar 17.5 oz., Simply 5 Chocolate 21.8 oz. or

**Baking Cocoa** 8 oz.

**4**99



Wrigley's Gum
Assorted 14 to 18 ct.

or Altoids Smalls Mints

Sugar Free .37 oz.

**159** 



Cracker or Pretzel
Combos
Stuffed
Snacks
6.3 oz.

2:\$5



**Juicy Gels or Pudding** 

**Hunt's Snack Pack** 

13 oz., 4 cups

ea. set

Without coupon2 for 3.50, limit 4 sets per coupon Coupon price good on set purchase only.





**Regular or Zero Sugar** 

Jell-O Pudding & Pie Filling 1 to 3.9 oz.

ea. set

Without coupon 5 for 5.50, limit 3 sets per coupon Coupon price good on set purchase only.





**Dessert fixings!** 

Hershey's Baking Chips, Syrup, Shell or Topping 7 to 15 oz.

Without coupon 2 for 6.50, limit 4 sets per coupon Coupon price good on set purchase only.





120-50



**Assorted** 

**Mars or Wrigley Candy Singles** 

1.08 to 2.17 oz.



Loacker Sandwich Wafers, Red Vines or Haribo Gummy

**Candy** 2.65 to 5 oz.

2:53



Werther's Original Caramel Popcorn 5.29 oz. or Storck Knoppers 5.3 oz., 6 ct.

2:56



#### **Nabisco Savings!**

Teddy Grahams 10 oz., Ritz Toasted Chips, Crisp & Thins 7.1 to 8.1 oz. or Premium Crackers 9 to 16 oz.

2:\$8



### **Nabisco Snacks**

Honey Maid Graham Crackers 12.2 to 14.4 oz., Nutter Butter Family Size Cookies 15.27 to 16 oz. or Nilla Wafers 11 oz.

2:59



Heart Healthy
Sunchips
Whole Grain
Snacks
7 07

2:59



**Enjoy with chips!** 

Fritos Cheese or Bean Dip

**3**99



Stacy's Pita Chips or Thins 6.75 to 7.33 oz.

**2¦\$8** 



popchips Potato Snacks



Assorted

### Wrigley or **Airheads Candy**

2.75 to 7.2 oz. bag

Without coupon 2.29, limit 8 per coupon







#### Nabisco Snacks

Ritz Sandwich Crackers 8 ct., Crackers. Bits 7.5 to 13.7 oz. or Chips Ahoy! Cookies 7 to 13 oz.

ea. set Without coupon 2 for 8.00, limit 5 sets per coupon





1318-100



Snack savings!

#### Cheetos, Fritos or **Funyuns Chips** 6 to 10 oz.



1333-100



Without coupon 2 for 8.00, limit 4 sets per coupon While supplies last, sorry no rainchecks! Coupon price good on set purchase only.

Great taste...naturally!

**Kettle Brand Potato Chips** 13 oz.





#### CRAVE VICTORIOUSLY.

Thin and crispy goodness packed and stacked with craveable flavor and a crunch that satisfies.



#### www.bluediamond.com

Grain Free, Gluten Free & Vegan

Siete Mexican Cookies 4.5 07.



**Mint or Magical Animal Crackers** 

**Goodie Girl Gluten Free Cookies** 6 to 7 oz.



Coconut **Jennies Macaroons** or Bites 5.25 to 8 oz.



Back to **Nature** Cookies 9.5 to 12 oz.





Almond, Pecan or Artisan **Blue Diamond Nut-Thins Crackers** 4.25 oz.

Without coupon 2 for 9.00, limit 3 sets per coupon Coupon price good on set purchase only.





1319-100

**Plant Based** 

**Back to Nature** Crackers 4 to 8.5 oz.

Without coupon 4.29, limit 6 per coupon







Trail Mix

Planters Spicy Nuts & Cajun Sticks





**Plant-Based Protein** 

Planters Mixed Nuts

619 **6**ea.



Dry Roasted
Fisher
Sunflower
Kernels
7.25 oz.

**Z**29



Whole Natural or Roasted Salted

Fisher Almonds Sale! 4.5 oz.

**3**49



Original or Flavored
Glenwood
Beef
Slab

299

1.6 07.



Original or Flavored
Glenwood
Beef
Strips
6 oz.

1199



Handcrafted

Kaimana Jerky

Ahi Tuna Jerky

1.5 to 2 oz.

**5**79



Wahoo or Salmon Kaimana Jerky Sale!



Salted or Lightly Salted

## **Planters Cocktail Peanuts**

12 oz.

Without coupon 3.59, limit 5 per coupon







**Dry Roasted Fisher Peanuts** 14 oz.

Without coupon 4.19, limit 5 per coupon







**Glenwood** Beef Jerky 2.5 oz. or Meat Sticks 4.5 oz.

Without coupon 4.39, limit 6 per coupon







1305-40



Ahi Tuna, Salmon or Wahoo Kaimana Jerky **Variety Pack** 9 to 10 count





Mauna Loa Mountains
Macadamia Nuts Covered
in Milk Chocolate 5 oz.

20

Sea Salt or Unsalted
Mauna Loa
Dry Roasted
Macadamias
6 oz. jar

949



Flavored Magi Planet Popcorn 18 grams

99¢



Regent Flavored Snack Savings!

King Crab, Shrimp Tempura or Labzter Lobster Crackers 3 to 3.5 oz.

**199** 



Miso, Shio, Soy Sauce or Tonkotsu

Sapporo Ichiban Ramen Bowl 2.91 to 2.98 oz.

2:\$4



Chili Oil with Fried Garlic

Momoya Taberu Rayu 3.88 oz.

**1**99



**Blue or Yellow Corn** 

Garden of Eatin' Taco Shells 5.5 oz.

**2¦\$7** 



**Mexican Tomatillo or Chipotle** 

Gran Luchito Enchilada Sauce



Unsalted, Chocolate Covered, Roasted or Seasoned

# Mauna Loa **Macadamia Nuts**

Without coupon 7.49, limit 5 per coupon







Original, Nori or Teriyaki **Shelly Senbei Rice Crackers** 5.3 to 5.64 oz.

Without coupon 2.99, limit 6 per coupon







Flavored

# Shirakiku **Oyster Sauce**

18.69 oz.

Without coupon 2.19, limit 5 per coupon





1326-30



# Bachan's Japanese **Barbecue Sauce**

Original, Miso, Yuzu or Gluten Free 17 oz.







Mishima Furikake Seasoning

**3**99



Shiro or Awase
Shirakiku Miso
Soybean
Paste
1.65 lbs.

#### **Green Miso Glazed Salmon**

½ cup white miso paste pg.36

6 tbsp. mirin

2 tbsp. tempura sauce

3 tbsp. dry sake

1 bunch (about 2 cups) cilantro

2 cloves garlic

2 tbsp. ginger, minced

1 lemon, zested

6 - 5 oz. salmon filets, skinless & boneless

non-stick cooking spray pg.26

To make the miso glaze, place the white miso paste, mirin, tempura sauce, dry sake. cilantro, garlic, ginger and lemon into a blender and puree until smooth. Place salmon filets into a large container and pour the glaze over the fish. Cover with plastic wrap and let marinate for 30 minutes in the refrigerator.

Meanwhile, preheat oven on high-broil, Line a baking sheet with aluminum foil and spray with non-stick cooking spray. Place the salmon fillets on top of the baking sheet and pour the extra marinade/glaze evenly over each salmon filet. Place the salmon in the middle rack of your oven and broil for six to ten minutes (cooking time may vary depending on the thickness of your filets and desired doneness). Enjoy this festive green dish for your next Saint Patrick's Day celebration. Tip: the glaze goes great with chicken, pork or tofu too!

#### Servings:

6 servings

#### **Total Time:**

50 minutes

#### Pair With:

La Crema Pinot Gris Wine pg.62

Seasoned Seaweed Shirakiku Korean Nori 3 pack

Without coupon 2.19, limit 5 per coupon







California Koshihikari

Tamaki Gold Rice







Shirakiku Cooked Sticky Rice Microwavable 12 count

**Udon, Somen or Soba J-Basket Japanese** 

**Noodles** 25.4 to 28.21 oz.



Seasoning Kikkoman **All-Purpose Soy Sauce** 2 quarts



Lee Kum Kee Sauce

Hoisin, Plum, Char Siu, Black Bean Garlic, Chili Garlic or Chili Bean 8 to 9.2 oz.



Panda Brand or Vegan Lee Kum Kee **Flavored Oyster Sauce** 18 07.



**NOH Foods** of Hawaii

**Hot Sauce** 5 07-



Hawaiian Iced Tea or Chinese BBQ Char Siu

**NOH Foods** of Hawaii **Mixes** 3 lbs.



**Whole Grain** 

# Sukoyaka Genmai **Brown Rice**

15 lbs.

Without coupon 38.99, limit 5 per coupon







**Premium Grade** Nishiki Rice 15 lbs.

Without coupon 18.29, limit 5 per coupon





Chili, Mayo or Honey Lee Kum Kee Sriracha Sauce 15 to 20 oz.

Without coupon 4.59, limit 5 per coupon





1323-30



Sauce, Seasoning or Iced Tea

**NOH Foods of Hawaii Mixes** Assorted 1 to 3 oz.



Mild, Medium Hot or Hot

S&B Golden Curry Sauce Mix

3.2 oz.

**2**69



Roasted Seaweed

J-Basket Yaki Sushi Nori Sugatami 10 sheets

**2**69



Oriental Style
Thai Chef
Instant
Noodles
70 grams

6:\$3



**Product of the Philippines** 

Silver Swan Soy Sauce or Vinegar 33.81 to 34 oz.

**2**79



Royal Asia Seafood Sides

Frozen Miso Ramen, Wontons, Dumplings, Toast or Spring Rolls 7 to 10 oz.

**4**59



Frozen

Royal Asia Shrimp Wonton Soup

**1**89



Frozen Boneless Skinless

Tyson Chicken Breast

**R**79



Frozen All Natural Chicken

Tyson Wing Sections 40 oz.



Relax & enjoy!

# Yamamotoyama Tea Savings!

16 bags

Without coupon 2.99, limit 5 per coupon









Milk or Cream

#### Chef's Choice or **Family Coconut** 13.5 oz.

Without coupon 1.89, limit 5 per coupon







**Calamari or Shrimp** 

#### **Northern Chef** Frozen Meals 9 to 10 oz.

Without coupon 5.39, limit 3 per coupon





1529-40



Frozen All Natural **Gold Leaf Chicken Thighs** 5 lb. box



Family Pack 1916 Prime Ground Pork

**4**99



Chilled
Miso Butterfish
Gift Pack 1.5 lbs.

**25**<sup>99</sup>

Frozen Garlic Seattle International French Bread 18 oz.

**5**79



Stouffer's Lasagna with Meat & Sauce Prozen 90 oz.

Frozen Japchae or Kimchi

Surasang Fried Rice 8.8 oz.

**5**79



**Frozen Chicken or Pork** 

Surasang Katsu Fritter

699



**Portuguese Brand or Blood** 

Frank's Foods Sausage

**5**<sup>29</sup>



Smoked, Portuguese Brand Hotdogs or Sliced

Frank's Foods Sausage 12 to 16 oz.



Frozen 1916 EZ Peel Shrimp 2 lbs. - 16 to 20 count

Without coupon 18.99, limit 2 per coupon









Frozen Breaded

Mrs. Friday's **Fantail Shrimp** 2.5 lbs. - 21 to 25 ct.



Without coupon 25.49, limit 3 per coupon

Frozen Deboned

**Tropics Marinated** Milkfish

1 lb.

Without coupon 6.49, limit 3 per coupon





1527-50

Selected

Frank's Foods Franks or Sausages 12 to 16 oz.





Frozen Mild or Hot **Farmer John** Pork Sausage 16 oz.



Frozen **Miko Scottish Brand Bangers** 12 oz.

Selected evol Frozen **Meals** 10 to 11.5 oz.



Frozen Shark Shaped Van De Kamp's **Shark Bites** Fish Sticks 19 07.

**199** 



Frozen **Bagel Bites Pizza** Snacks! 7 07-



**Fun Pack Oscar Mayer Lunchables** Deals! 8.9 to 10.7 oz.



Mountain **Apple Brand Nectar** 

1 gallon



From Concentrate **Mountain Apple Brand 100% Orange Juice** 64 07.



Natural Hardwood Smoked **Hormel Black Label** 

**Original Bacon** 

Without coupon 7.89, limit 3 per coupon









**Original or Southern Banquet Crispy** 

Fried Chicken 29 oz.

Without coupon 11.19, limit 3 per coupon





**Cold Cuts Oscar Mayer** Deli Fresh 7 to 9 oz.

Without coupon 5.39, limit 3 per coupon





1526-40



## **Mountain Apple Brand Milk**

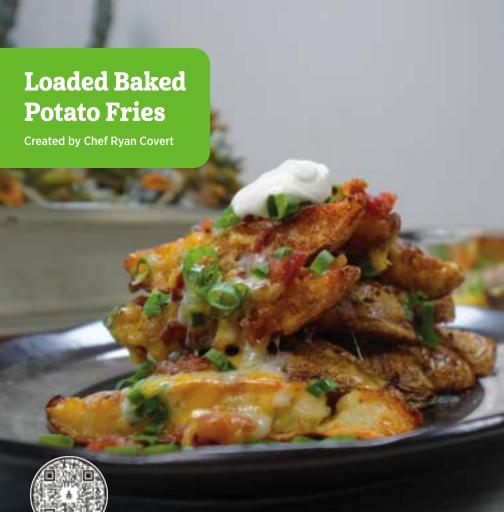
Homogenized, Skim, 1% or 2% Reduced Fat 128 oz.













**Cheese Product Kraft Singles** or Velveeta Slices 10.7 to 12 oz.

Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!



#### Loaded Baked Potato Fries

8 medium size Russet potatoes

1 tsp. salt pg.10

½ tsp. ground pepper pg.10

1 tsp. smoked paprika

1 tsp. granulated garlic

non-stick cooking spray pg.26

3 tbsp. avocado oil

8 oz. shredded sharp cheddar cheese pg.47

½ cup real bacon bits pg.10.12

½ cup green onion, chopped

8 oz. sour cream, used as a dip

Preheat oven to 475°F. Wash and scrub potatoes and poke each side of the potato with a fork or tip of a knife five to six times. Place in microwave and cook accordingly to your microwave baked potato setting. Once cooked, allow to cool to the touch and cut potatoes into wedges.

For the spice mix, place salt, pepper, smoked paprika and granulated garlic into a small bowl and mix well. In a large bowl, place cooked cut potato, avocado oil and seasoning, toss to coat evenly. For easy clean up, line a baking sheet with aluminum foil and spray with non-stick cooking spray. Spread out potatoes evenly onto the baking sheet. Bake for 25 to 35 minutes until crispy and golden brown.

Once potatoes are crisp, take the potatoes out of the oven and place into an oven safe baking dish. Add cheese, bacon bits, green onion evenly over potatoes and cooked for another five minutes until cheese is melted. Take out of the oven and add sour cream to a bowl to dip fries in. This is a great appetizer for the big game to share.

Servings:

6 to 8 servings

**Total Time:** 

1 hour

Pair With:

Ola Brew Ma'a Lager Beer pg.60

**Chunk, Shredded or Crumbles** 

**Kraft Natural** Cheese 5 to 8 oz







1525-40



Without coupon 4.39, limit 3 per coupon



Selected

Kellogg's Eggo Frozen Waffles 12.3 oz. 1

**3**99



Chilled
Bays English
Muffins 6 count

**4**39

Deli Slices or Shreds
Violife 100%
Vegan
Cheese
7.05 to 8 oz.

689



Bakery
Ubae Ube
Crinkle
Cookies
8.47 oz.

949



Handmade Uncle's Kū Aloha Ice Cream Sandwich

**489** 

6 07-



Perfect for parties!
Meadow Gold
Ice Cream
Cups

**8**59

12 count



Men or Women
Degree
Antiperspirant
Deodorant
1.6 to 2.7 oz.

35% OFF REGULAR PRICES



Intensive Care
Vaseline
Body
Lotion
10 oz.



**Unsalted or Salted Challenge Butter** 16 oz.

Without coupon 7.49, limit 3 per coupon







**Bakery Rich's Treat Shop Donuts** 12.4 to 15 oz.

Without coupon 7.49, limit 2 per coupon







Assorted Flavors

**Meadow Gold Ice Cream or Sherbet** 1 gallon

Without coupon 10.99, limit 3 per coupon





1524-50



**Shampoo or Conditioner** 

**Love Beauty & Planet Hair Care** 

13.5 oz.



**Nutrex Supplements** 

BioAstin Supreme 60 ct., Spirulina Powder 5 oz., Gummies 200mg - 60 ct. or Spearmint Flavor 1000mg - 180 ct.

**14**99



**Nutrex Supplements** 

BioAstin 12mg - 50 ct., TurmericAstin 30 ct., EyeAstin 60 ct. or JointAstin

1899



Allegra 12HR
12 count or
Xyzal 24HR
Allergy Relief
10 count

35% OFF REGULAR PRICES



**Original Prescription Strength** 

Xyzal 24HR Allergy Relief 35 tablets

**19**99



# Hawaiian Tropic Sun Care

Sunscreen, Lotion, Moisturizer or Tanning Oil .15 to 16 oz.

30% OFF REGULAR PRICES



**Soothing or Cooling** 

Banana Boat After Sun Gel

**4**99



**Regular, Super or Super Plus** 

U by Kotex Click Tampons

**4**99



#### U by Kotex Clean & Secure

Maxi Overnight, Ultra Thin Heavy Pads 30 to 40 ct. or Liners 96 ct.

6<sup>99</sup>



# **Nutrex Supplements**

BioAstin Hawaiian Astaxanthin 12mg - 25 ct., 4mg - 60 ct. or **Pure Hawaiian Spirulina** 500mg - 200 ct.

Without coupon 12.99, limit 5 per coupon







# **Nasacort Nasal Spray**

.37 oz., 60 sprays or

# Allegra Allergy Relief

Tablets 15 count

Without coupon 14.99, limit 5 per coupon







### **Banana Boat SPF50 Mineral Sunscreen**

Face 3 oz., Lotion 6 oz. or Spray 5 oz.

Without coupon 10.99, limit 5 per coupon









113-100



### **Depend Protection**

Briefs with Tabs 16 to 20 ct., Fit Flex Men's, Women's Underwear 15 to 19 ct. or Guards for Men 52 ct.



**Delsym Cough Relief** Children's, Adult

**Cough Suppressant** or Cough+Chest Congestion DM 3 to 6 oz.



**Mucinex Sale!** 

FastMax, SinusMax 16 to 20 count, 6 oz. liquid or **Night Shift Cold** & Flu 6 oz. liquid



**All Day Strong** Aleve **Pain** 

Reliever 20 to 24 count



Salonpas **Pain Relief** 

Patch 3 to 60 ct... Roll-On Liquid, Cream, Spray or Gel 2.75 to 4 oz.

REGULAR





**Relief or Defense Halls Cough** 

**Drops Stick** 9 count

**Economy Pack** Halls Cough **Drops** 70 to 80 count



**Soft & Strong** 

**Essential Everyday Facial Tissues** 

160 count



**Awesome Strength** 

**Essential Everyday** 

**Paper Towels** 8 rolls



#### **Airborne Savings!**

Immune Support Supplement Effervescent Tablets 10 ct., Chewable Tablets 32 ct. or Gummies 21 ct.

649

Without coupon 6.99, limit 5 per coupon







#### Bayer Aspirin Pain Reliever

325mg - 100 ct. or 81mg - 120 ct.

699 ea.

Without coupon 7.29, limit 5 per coupon





1317-30

**Regular or Sugar Free** 

# Halls Dietary Supplement or Cough Drops

25 to 30 count

**3**89

Without coupon 4.19, limit 5 per coupon





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Mar. II, 2025

One-Ply

# Essential Everyday Basic Napkins

250 count





**Waxtex Waxed Paper** 75 square feet

100% Compostable Hefty **Ecosave Plates** 16 to 22 count





#2 White

**Essential Everyday Coffee Filters** 40 count



#2 Natural Brown

**Essential Everyday Coffee Filters** 40 count





Freezer or Storage

**Hefty Slider Bags Quart or Gallon** 

10 to 20 count

**Drawstring 30 Gallon Hefty Strong Large Trash** Bags 28 count





**Clean Scentsations** 

**Arm & Hammer Fabric Softener** 100 sheets

**Clean Scentsations** 

**Arm & Hammer** In-Wash Scent **Booster** 

24 07.



Easy Prep. Easy Cook. Easy Clean.

# **Reynolds Wrap** Aluminum Foil

200 square feet





1328-100



Without coupon 10.99, limit 3 per coupon

Basket

# **Essential Everyday Coffee Filters**

250 count

Without coupon 4.29, limit 3 per coupon







Tall Kitchen Drawstring 13 Gallon

# **Hefty Ultra Strong** Trash Bags

40 count

Without coupon 8.59, limit 4 per coupon









# **Arm & Hammer Laundry Detergent**

Liquid 45.5 to 50 oz. or Power Paks 24 count







Concentrated
Ivory
Dishwashing
Liquid
24 oz.

**7**59



Platinum
Cascade
Dishwasher
Detergent
14 actionpacs

**5**97





Wet Sweeper
Essential Everyday
Cloths Refill 12 count

**4**19

Mold & Mildew Stain Remover or Bathroom

Essential Everyday Cleaner Spray 32 oz.

499



Long-Lasting
Citrus Magic
Solid Air
Freshener
8 oz.

**5**99



Non-Aerosol Mrs. Meyer's Room Freshener Spray 8 oz.

649



More Soap, Longer Lasting!

Brillo Steel Wool Soap Pads 10 count

**3**49



Handsaver
O-Cedar
Playtex
Gloves
1 pair



Original, Antibacterial or Platinum

## Dawn Dishwashing Liquid

18 oz.

**3**29

Without coupon 3.69, limit 4 per coupon







Fresh or Lemon Scent

# Essential Everyday Disinfecting Wipes

75 count

**4**99

Without coupon 5.99, limit 3 per coupon







26 to Mar.



**Multi-Surface** 

# Mrs. Meyer's Everyday Cleaner

Spray 16 oz.

**5**79

Without coupon 6.29, limit 3 per coupon





118-50



Mar. 11, 2025



Simply or Grain Free

Purina Beyond Natural

Cat Food Dry 3 lbs.

997



Non-Clumping Purina Tidy Cats Clay Litter 20 lbs.

**5**99



Alkaline AA or AAA

Essential Everyday Batteries

4 count

**2¦\$6** 



Essential Everyday Batteries C, D 4 count

C, D 4 count or 9V 2 count

**5**79



Disposable

Essential Everyday Lighters

**7**99



**Briquets** 

Essential
Everyday
Ridge Charcoal

6<sup>99</sup>



2 Cup or 4 Cup

Pyrex Round Simply Store Glass Dish

**5**79



3 Quart
Pyrex
Oblong
Glass Dish
1 count



Instant Action or 24/7 Performance

# **Purina Tidy Cats Clumping Litter**

14 lbs.

Without coupon 7.99, limit 5 per coupon







AA or AAA **Essential Everyday Alkaline Batteries** 20 count

Without coupon 11.99, limit 3 per coupon







**Odorless** 

#### **Essential Everyday Charcoal Lighter Fluid** 32 oz.

Without coupon 5.49, limit 3 per coupon







**Premium Nonstick** goodcook **Baking Pans** 1 count



Grown & made in Hawai'i!

Ola Hard Seltzer or Organic Tea





#### nüTRL Vodka Seltzer

8 cans or the Beast Unleashed 12 cans

**18**99



Enjoy the pau hana time!

Natural Light or Ice Beer

**13**99



#### **Beer Buy!**

Budweiser, Bud Light, Coors Light, Miller Lite 30 cans or Michelob Ultra 24 cans

**28**<sup>99</sup>



#### Corona Beer

Premier, Extra 12 btls./cans, Familiar or Light 12 btls.

**17**88



#### **Regular or Alcohol Free**

Stella Artois Reer

Beer 12 cans

1799 ea.



#### Made in Hawai'i!

Ola Brew Beer



Assorted
Sierra
Nevada
Beer
12 btls./cans



Ready To Drink
On the Rocks
Premium
Cocktails
375 ml.

999



Lemon, Grapefruit or Peach

Suntory -196 Vodka Seltzer 4 cans

1249



Original or Apple
Proper Twelve
Irish Whiskey
Savings!
750 ml.

1999



Original or Botanical Ketel One Vodka

**23**99

750 ml.



Herbal

Jägermeister German Liqueur 750 ml.

**15**99



100% de Agave Patron Silver Tequila

1999

375 ml.



Original, Honey or Fire **Jack Daniel's** 

Tennessee Whiskey

**21**97



Imported
Tanqueray
London
Dry Gin
750 ml.



Sauvignon Blanc or Rosé
Matua New
Zealand
Wine
750 ml.

997



Pair with your meal! **La Crema Selected Wine**750 ml.

1499



**Private Selection** 

Robert Mondavi California Wine

6<sup>99</sup>



California
Mark West
Pinot Noir
Wine
750 ml.

997



Organic

Our Daily Red or Cabernet Sauvignon Wine

899



Product of Italy
Risata Prosecco
or Moscato
d' Asti Wine
750 ml.

10<sup>99</sup>



**Japanese Sparkling Cocktail** 

TaKaRa Chu-Hi Deals!

**3¦\$9** 



Classic Sho Chiku Bai Junmai Sake 1.5 liters



#### **Grocery**

Back to Nature Crackers	
Best Foods Mayonnaise	13
Betty Crocker Cake Mix	25
Bigelow Tea	17
Blue Diamond Nut-Thins Crackers	31
Bumble Bee Chunk Light Tuna	7
Bush's Best Beans	
Capri Sun Juice Drinks or Country Time Lemonade	
Cheetos, Fritos or Funyuns Chips	
Chef's Choice or Family Coconut Milk or Cream	
Coca-Cola, Sprite or Dr. Pepper	
Crisco Pure Oil	
Essential Everyday Clover Honey	
Essential Everyday Granulated Sugar	
Essential Everyday Pasta	
Fisher Peanuts	7
Glenwood Beef Jerky or Meat Sticks	
Hawaiian Sun Natural Drinks	
Heinz Tomato Ketchup	
Hershey's Baking Chips, Syrup, Shell or Topping	
Hunt's Snack Pack	
Hunt's Tomato Sauce	
Jell-0 Pudding & Pie Filling	
Kraft Seasoned Coating Mix or Dinner	
Krusteaz Pancake or Waffle Mix	
Lawry's Garlic Salt or Old Bay Seasoning	
Lawry's Gravy or Spice & Seasonings	
Lee Kum Kee Sriracha Sauce	
Libby's Corned Beef Hash	5
Lindsay Large Black Olives	
Mauna Loa Macadamia Nuts	
Mezzetta Peppers or Peperoncini	
Monster or Reign Energy Drinks	
Nabisco Snacks	29
Nishiki Rice	39
Ocean Spray Juice Drink	
Planters Cocktail Peanuts	
Post Cereal	21
Punaluʻu Bake Shop Rolls	23
Shelly Senbei Rice Crackers	35
Shirakiku Korean Nori	37
Shirakiku Oyster Sauce	35
Sukoyaka Genmai Brown Rice	
Wild Harvest Organic Peanut Butter Spread	
Wish-Bone Dressing	
Wrigley or Airheads Candy	
Yamamotoyama Tea	
Yuban Ground Coffee	

#### **Perishables**

1916 EZ Peel Frozen Shrimp	4
Banquet Frozen Crispy Fried Chicken	4
Challenge Butter	49
Hormel Black Label Original Bacon	4!
Kraft Natural Cheese	4
Meadow Gold Ice Cream or Sherbet	49
Mrs. Friday's Frozen Fantail Shrimp	4
Northern Chef Frozen Meals	4
Oscar Mayer Deli Fresh	4
Rich's Treat Shop Donuts	49
Tropics Frozen Marinated Milkfish	

#### **Health & Beauty**

Airborne Immune Support Supplement	53
Banana Boat SPF50 Mineral Sunscreen	51
Bayer Aspirin Pain Reliever	53
Halls Dietary Supplement or Cough Drops	53
Nasacort Nasal Spray or Allegra Allergy Relief	51
Nutrey Sunnlements	51

#### **Non-Foods**

Dawn Dishwashing Liquid	. 57
Essential Everyday Alkaline Batteries	.59
Essential Everyday Charcoal Lighter Fluid	.59
Essential Everyday Coffee Filters	. 55
Essential Everyday Disinfecting Wipes	. 57
Hefty Ultra Strong Trash Bags	. 55
Mrs. Meyer's Everyday Cleaner	. 57
Purina Tidy Cats Clumping Litter	. 59
Reynolds Wrap Aluminum Foil	. 55

#### DOWNTOWN, HILO

Mon-Sat 7am to 8pm, Sun 7am to 7pm 321 Keawe St......935-3751

#### **PUAINAKO, HILO**

5:30am to 10pm 50 East Puainako St......959-9111 Pharmacy......959-8700

#### WAIMEA

6am to 8pm
Waimea Center......885-8866
Pharmacy......885-0033

#### KTA EXPRESS, KEALAKEKUA

Mon-Sat 6am to 8pm, Sun 9am to 6pm 81-6602 Mamalahoa Hwy......323-1916

#### **WAIKOLOA VILLAGE**

6am to 8pm Waikoloa Highlands Center ... 883-1088 Pharmacy ......883-8434

#### KAILUA-KONA

6am to 9pm
Kona Coast Shopping Center.... 329-1677

#### **KEAUHOU, KONA**

#### **KTA DELIVERY**

9am to 8pm - Pepe'ekeo to Hilo & Kea'au Order at delivery.ktasuperstores.com

Store hours are subject to change. Visit ktasuperstores.com/store-locator for current hours.



Bring the goodness of Hawai'i home with KTA's exclusive **MOUNTAIN APPLE BRAND** showcasing 100% made in Hawai'i products and businesses.