



You're Someone Special

**Over \$150
in Savings!**

**Offers Good
Oct. 30 to Nov. 12, 2024**

Kimchi Brussels Sprouts

pg.38



**Green Chile Cornbread
with Honey Butter** pg.24

**Turkey & Eggplant
Stuffed Manicotti** pg.42



www.ktasuperstores.com

Green Chile Cornbread with Honey Butter

pg. 24



Arelene Reilly

KTA Keauhou Store Director

Aloha KTA 'ohana, It's officially holiday season and you may be waist high in family feasts, office potlucks and gatherings; it can be easy during this time to let your diet go. We encourage you to keep your veggie intake going by incorporating healthy ingredients into your favorite holiday dishes.

For a fun twist, try stuffing red and green bell peppers with a savory filling like ground beef with tomato sauce. Top with cheese, and then bake until the cheese melts. You now have a healthy dish that also brings festive holiday colors to the table. For kids, blend spinach in a food processor with milk and add to their favorite pasta, or add a handful of spinach to your morning omelet. Spinach aids the digestive system and helps boost the immune system amidst all your holiday gatherings.

Share how you're keeping up your healthy diet over the holiday season and remember, you can find everything you need for a veggie-packed holiday season here at KTA.



@ktasuperstores

youtube.com/ktasuperstoreshi

Kimchi Brussels Sprouts

pg. 38



Turkey & Eggplant Stuffed Manicotti

pg. 42



Coupons

Grocery.....	4
Perishables	40
Health & Beauty	48
Household.....	52
Wines & Spirits	60
Coupon Index	63

Featured Chef



Ryan Covert

Ryan Covert is both the owner and head chef of Covert Affairs, which caters to locals and celebrities alike. His dynamic cooking style is a global celebration, focusing on Asia-Pacific, Mediterranean and Caribbean cuisines.



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at ktasuperstores.com/stay-in-touch or scan the code!

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.

Chunk Style
**Van Camp's
Wahoo
Tuna**

5 oz.

2¹⁷
ea.



Fancy Crabmeat or Whole Cove Oysters
**Chicken
of the Sea
Pacific Pearl**

6 to 8 oz.

2⁷⁹
ea.



No Sugar Added
**Barilla
Pasta
Sauce**

24 oz.

2³⁹
ea.



Barilla Pasta
Manicotti, Jumbo Shells,
Wavy or Oven Ready
Lasagne 8 to 16 oz.,
Chickpea or Red
Lentil 8.8 oz.

2^f_o\$^r5



In Tomato Sauce
**Van Camp's
Pork and
Beans**

15 oz.

1³⁹
ea.



Classic
**Wendy's
Chili with
Beans**

15 oz.

3⁹⁹



Hot dog topper!
**Hormel
No Beans
Chili**

15 oz.

2⁷⁹



In Water
**Hormel
Chicken
Breast**

10 oz.

3⁵⁹
ea.



Packed with protein!

Chicken of the Sea Wild Caught Tuna

5 oz. can or 2.5 oz. pouch

88¢

ea.

Without coupon 1.18, limit 10 per coupon



123-30



0123

Good Oct. 30 to Nov. 12, 2024

Classic or Whole Grain

Barilla Pasta Savings!

12 to 16 oz.

2^f 0^r \$3

ea. set

Without coupon 2 for 4.00, limit 5 sets per coupon
Coupon price good on set purchase only.



122-100



0122

Good Oct. 30 to Nov. 12, 2024

Enjoy for breakfast!

Libby's Corned Beef

12 oz.

4⁹⁹

ea.

Without coupon 5.29, limit 5 per coupon



1352-30



1352

Good Oct. 30 to Nov. 12, 2024

Corned or Roast Beef

Hormel Mary Kitchen Homestyle Hash

14 oz.

2⁹⁹

ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

100% NATURAL



Hunts

Perfect in chili, soups, and stews, Hunt's® canned tomatoes are made from all-natural, vine-ripened tomatoes and simmered with a special blend of herbs and spices.



Preserving Goodness. Naturally.

Reg., No Salt Added or Basil, Garlic & Oregano

**Hunt's
Tomato
Paste**

6 oz.

5^f or \$6^r



Crushed with Basil, Diced or Whole

**Hunt's 100%
Natural
Tomatoes**

28 oz.

2⁸⁹
ea.



Hunt's tomatoes are 100% natural
with no artificial preservatives.



At Hunt's, we peel our tomatoes with FlashSteam instead of chemicals, which means no chemical by-products go back into the earth. It might not be the easiest way, but we believe that it's the right way.



www.hunts.com/recipes



100% Natural
Hunt's
Tomato Sauce

33.5 oz.

2.79
ea.

Without coupon 2.99, limit 5 per coupon



1353-20



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Beef Recipes
**McCormick
Seasoning
Mixes**

1.31 to 2.11 oz.

188
ea.



Salt or Peppercorn
**McCormick
Grinder
Savings!**

.85 to 2.5 oz.

229
ea.



Hamburger or Tuna
**Betty Crocker
Helper
Meal**

5 to 6.9 oz.

2^f_o\$5_r



Family Size
**Campbell's
Condensed
Soup**

22.4 to 23.2 oz.

2^f_o\$6_r



Gluten Free
**Los Pericos
Original
Tostadas**

10 count

2^f_o\$3_r



Red or Green Chile
**Las Palmas
Enchilada
Sauce**

19 oz.

369
ea.



Black, Kidney, Pinto or Red
**Bush's Best
Chili
Beans**

15.5 to 16 oz.

2^f_o\$3_r



High in fiber!
**Bush's Best
Baked
Beans**

28 oz.

279



No Artificial Flavors
**McCormick Gravy or
 Chili Seasoning Mixes**
 .75 to 1.25 oz.

4^f0^r\$5 ea. set

Without coupon 4 for 6.00, limit 2 sets per coupon
 Coupon price good on set purchase only.



Excludes Gluten Free



1308-100



Good Oct. 30 to Nov. 12, 2024

100% Natural
**Swanson
 Chicken Broth**
 32 oz.

2⁹⁷ ea.

Without coupon 3.47, limit 8 per coupon



1303-50



Good Oct. 30 to Nov. 12, 2024

Black or Pinto
**La Costeña
 Whole Beans**
 19.75 oz.

1⁹⁹ ea.

Without coupon 2.29, limit 5 per coupon



1339-30



Good Oct. 30 to Nov. 12, 2024

Regular or Reduced Sodium
Bush's Best Beans
 Black, Garbanzo, Cannellini,
 Kidney, Great Northern
 or Pinto 15 to 16 oz.

99¢ ea.



Excludes Organic & Chili



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
 Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Black Ripe
**Lindsay
Sliced
Olives**

2.25 oz.

179
ea.



Black Pitted or Sliced
**Lindsay
Snack and
Go! Olives**

4 cups

389
ea.



Artisan Ingredients
**Mezzetta
Pizza
Sauce**

14 oz.

269



Marinated
**Mezzetta
Artichoke
Hearts**

14.5 oz.

349



The Original
**Lea & Perrins
Worcestershire
Sauce**

5 oz.

249



**Kraft Aioli
Sauce Sale!**

Burger, Chipotle,
Garlic or Smoky
Hickory Bacon
12 oz.

449
ea.



Original or No Salt Added
**Del Monte
Tomato
Sauce**

8 oz.

79¢
ea.



Corn or Green Beans
**Del Monte
Fresh Cut
Vegetables**

14.5 to 15.25 oz.

199
ea.



California Ripe Pitted
**Lindsay Large
Black Olives**

6 oz.

1⁹⁹
ea.

Without coupon 2.19, limit 5 per coupon



1327-20



Good Oct. 30 to Nov. 12, 2024

Deli-Sliced
**Mezzetta Peppers
or Peperoncini**

16 oz.

2²⁹
ea.

Without coupon 2.49, limit 5 per coupon



1382-20



Good Oct. 30 to Nov. 12, 2024

Slow-Simmered
**Kraft Barbecue
Sauce & Dip**

17.5 to 18 oz.

2^f_o\$4^r ea. set

Without coupon 2 for 4.50, limit 4 set per coupon
Coupon price good on set purchase only.



1348-50



Good Oct. 30 to Nov. 12, 2024

100% Natural
**Del Monte
Tomato Ketchup**

24 oz.

2^f_o\$4^r



**Best Foods
Mayonnaise**

Real, Spicy Dressing
or Garlic Aioli
Dip & Spread
11.5 oz.

3⁹⁹
ea.



Made with organic free-range eggs!

**Best Foods
Organic
Mayonnaise**

15 oz.

6⁷⁹



Spicy Brown or Stone Ground Dijon

**Gulden's
Mustard
Sale!**

12 oz.

1⁹⁹
ea.



Fresh Packed Pickles

**Vlasic
Kosher Dill
Spears**

24 oz.

2⁶⁹



Original or Butter Flavor

**Crisco
Shortening
Sticks**

3 count, 20 oz.

5⁹⁹
ea.



All-Vegetable

**Crisco
Shortening
Savings!**

48 oz.

8⁹⁹



Naturally Decaffeinated

**Sanka
Instant
Coffee**

8 oz.

5⁸⁹



Ground or Whole Bean

**Gévalia
Arabica
Coffee**

12 oz.

7⁹⁹
ea.



Real
**Best Foods
Mayonnaise**

48 oz.

6⁹⁹
ea.

Without coupon 7.99, limit 5 per coupon



1381-100



Good Oct. 30 to Nov. 12, 2024

Drizzle over salad!
**Wish-Bone
Dressing**

15 oz.

2^f_o\$6^r ea. set

Without coupon 2 for 6.50, limit 4 sets per coupon
Coupon price good on set purchase only.



1354-50



Good Oct. 30 to Nov. 12, 2024

Canola or Vegetable

**Crisco
Pure Oil**

128 oz.

13⁹⁹
ea.

Without coupon 14.99, limit 5 per coupon



1383-100



Good Oct. 30 to Nov. 12, 2024

Traditional or Dark Roast
**Yuban Ground
Coffee**

25.3 to 31 oz.

9⁹⁹



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Unicorn Marshmallows or Marshmallow Lovers

Swiss Miss Hot Cocoa Mix

6 envelopes

3⁸⁹
ea.



Marshmallow Super Value Pack

Swiss Miss Hot Cocoa Mix

30 envelopes

9¹⁹



Classic Malt Ovaltine Drink Mix

12 oz.

5³⁹



Non-Alcoholic Reed's Ginger Beer

4 btls. - 12 oz.

6⁷⁹
ea.



Regular or Zero Powerade Sports Drink

28 oz.

3^f_o\$5^r



Regular or Zero Sugar Glacéau Vitamin Water

20 oz.

2^f_o\$4^r



Coffee & Milk Beverage

Dunkin' Iced Coffee

13.7 oz.

2⁸⁹
ea.



Coca-Cola, Sprite or Dr. Pepper Soda

10 mini cans - 7.5 oz.

7¹⁹
ea.

Marshmallow, Variety Pack, Milk or Dark Chocolate

Swiss Miss
Hot Cocoa Mix
8 envelopes

3.19
ea.

Without coupon 3.39, limit 5 per coupon



1357-20



Good Oct. 30 to Nov. 12, 2024

Quality
Bigelow
Tea Sale!
18 to 20 ct.

2.99
ea.

Without coupon 3.19, limit 5 per coupon



1359-20



Good Oct. 30 to Nov. 12, 2024

Assorted
Monster or Reign
Energy Drinks
15.5 to 16 oz.

2.49
ea. set

Without coupon 2 for 4.50, limit 4 sets per coupon
Coupon price good on set purchase only.



Excludes Reign Storm



1376-50



Good Oct. 30 to Nov. 12, 2024

Coca-Cola, Sprite,
Fanta Orange or
Dr. Pepper
24 cans - 12 oz.

14.99



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Purified
**Hawaiian
Mountain
Fresh Water**
1.5 liters

99¢



Purified or Distilled
**Hawaiian
Mountain
Fresh Water**
128 oz.

2^f_o\$7^r



Infused with Fruit Essences
**Hint
Water
Deals!**
16 oz.

3^f_o\$5^r



Regular or Flavored
**Mountain Valley
Sparkling
Water**
1 liter

2^f_o\$7^r
ea.



100% Juice or Grapefruit
**Ocean Spray
Juice
Drinks**
60 to 64 oz.

4^f_o\$9^r
ea.



Cranberry or Cran-Grape
**Ocean Spray
Juice
Drinks**
6 btls. - 10 oz.

5^f_o\$29^r
ea.



Natural Flavored
**Hawaiian Sun
Powder
Drink Mix**
3.23 to 4.52 oz.

3^f_o\$19^r
ea.



Natural Flavored
**Hawaiian Sun
Pancake
Mix**
6 oz.

3^f_o\$39^r
ea.



Purified
**Hawaiian Mountain
Fresh Water**

35 bottles - 16.9 oz.

11⁷⁹
ea.

Without coupon 11.99, limit 5 per coupon



1369-20



Good Oct. 30 to Nov. 12, 2024

Fruit or Tea Flavored
**Nixie Sparkling
Water**

8 cans - 12 oz.

5⁴⁹
ea.

Without coupon 5.69, limit 5 per coupon



1325-20



Good Oct. 30 to Nov. 12, 2024

Cranberry, Blends or Zero Sugar
**Ocean Spray
Juice Drink**

60 to 64 oz.

4²⁹
ea.

Without coupon 4.59, limit 5 per coupon



1380-30



Good Oct. 30 to Nov. 12, 2024

Fruit or Tea
**Hawaiian Sun
Natural Drinks**

6 cans - 11.5 oz.

**2^f
o
r \$7**



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

JELLO

Yum for Everyone!

JELL-O pudding & pie filling is delicious in cakes, desserts, with fruit, topped with cream or on its own.

Make a cheesecake that's ready in 15 minutes, no baking required. Each box contains filling mix and graham cracker crust mix.



Pumpkin Fluff Dip



No Bake Cheesecake Bars



www.kraftheinz.com/jell-o

Orange
Tang
Drink
Mix
58.9 oz.

9⁷⁹



Apple, Fruit Punch or Berry

Capri Sun 100%
Juice Drink 10 pouches

3⁹⁹

Original or Butter Pecan
IHOP
Syrup
Sale!
24 oz.

4⁸⁹
ea.



Classic Mix
Jell-O
No Bake
Cheesecake
11.1 oz.

3³⁹



Country Time

NO
ARTIFICIAL
COLORS,
FLAVORS or
SWEETENERS

Enjoy a sip of sunshine and make any time summertime with Country Time Lemonade Ready to Drink Pouches.

CAPRISUN

ALL NATURAL INGREDIENTS

THE TASTE
KIDS LOVE

Capri Sun pouches are available in a variety of refreshing flavors and perfect for family outings, lunchboxes, picnics after school or on-the-go activities.

All Natural Ingredients.



Regular or Roarin' Waters

Capri Sun Juice Drinks or Country Time Lemonade

10 pouches

**2^f
o
r** **\$7** ea. set

Without coupon 2 for 7.50, limit 5 sets per coupon
Coupon price good on set purchase only.



1347-50



Good Oct. 30 to Nov. 12, 2024

Regular or Sugar Free

Jell-O Pudding & Pie Filling

1 to 3.9 oz.

**5^f
o
r** **\$5** ea. set

Without coupon 5 for 5.50, limit 3 sets per coupon
Coupon price good on set purchase only.



1367-50



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Crunchy, Chewy or Sweet & Salty Nut

Nature Valley Granola Bars

7.2 to 8.94 oz.

4⁴⁹

ea.



Old Fashioned or Quick 1-Minute

Quaker Whole Grain Oats

42 oz.

7⁴⁹



Kellogg's Rice Krispies Treats

7 to 8 count

2⁹⁹

ea.

Kellogg's Snacks

Pop•Tarts Crunchy Poppers

5 pouches

3⁴⁹

ea.



Punalu'u Bake Shop

Sweetbread & Malasada Mix

20 oz.

4²⁹

ea.



Sweetbread or Honey Wheat

Punalu'u Bake Shop Rolls

16 oz.

4⁸⁹

ea.



Fork Split Bubba's English Muffins

6 count

3⁹⁹

ea.



Sliced Bubba's Bagels Buy!

6 count

5¹⁹

ea.



Post Cereal Sale!

Honey Bunches of Oats
11 to 12 oz., Raisin Bran
16.6 oz., Fruity or
Cocoa Pebbles 11 oz.

4⁹⁹
ea.

Without coupon 5.49, limit 6 per coupon



1307-50



Good Oct. 30 to Nov. 12, 2024

Toaster Pastries

Kellogg's Pop•Tarts

8 count

2^f_o\$6^r ea. set

Without coupon 2 for 7.00, limit 4 sets per coupon
Coupon price good on set purchase only.



1301-100



Good Oct. 30 to Nov. 12, 2024

Sweetbread or Honey Wheat

Punalu'u Bake Shop

24 oz. loaf

5⁹⁹
ea.

Without coupon 6.29, limit 5 per coupon



1378-30



Good Oct. 30 to Nov. 12, 2024

White or Wheat La Tour Bread

18 oz. loaf

4⁹⁹
ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

High in fiber & protein!

Wild Harvest Organic Tahini

16 oz.

779



Creamy Wild Harvest Almond Butter

12 oz.

789



Fill with ice cream!

Essential Everyday Sugar Cones

5 oz., 12 count

249



Orange Essential Everyday Marmalade

18 oz.

329



Mariani Dried Fruits

Mediterranean Apricots,
Tropical Pineapple,
Probiotic Prunes
or Apricots
6 to 7 oz.

399

ea.



Mariani Dried Fruits

Ultimate, Malatya Apricots,
No Sugar Added Mango,
Cherries, Blueberries,
Organic Pitted Dates
or Mango 3.5 to 8 oz.

489

ea.



All Natural

Libby's 100% Pure Pumpkin

29 oz.

389



Sweetened

Nestlé Carnation Condensed Milk

14 oz.

289

ea.



Creamy or Crunchy

Wild Harvest Organic Peanut Butter Spread

16 oz.

4⁸⁹
ea.

Without coupon 5.19, limit 5 per coupon



1360-30



Good Oct. 30 to Nov. 12, 2024

US Grade A

Essential Everyday Clover Honey

12 oz.

3⁹⁹
ea.

Without coupon 4.19, limit 3 per coupon



1361-20



Good Oct. 30 to Nov. 12, 2024

Mariani Dried Fruits

Mango, Coconut, Prunes, Regular, Organic Cranberries, Vanilla Yogurt Raisins, Mango or Pineapple Chips, Chopped or Pitted Dates 1 to 8 oz.

3⁶⁹
ea.

Without coupon 3.89, limit 5 per coupon



1362-20



Good Oct. 30 to Nov. 12, 2024

Vitamin D added!

Nestlé Carnation Evaporated Milk

12 oz.

1⁹⁹
ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Green Chile Cornbread with Honey Butter

Created by Chef Ryan Covert



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!

Rosemary Garlic Parmesan

Red Lobster Biscuit Mix

11.36 oz.

2⁸⁹



Honey

Krusteaz Cornbread & Muffin Mix

15 oz.

2³⁹



Green Chile Cornbread with Honey Butter

nonstick cooking spray

½ cup milk

15 oz. Krusteaz honey cornbread & muffin mix [pg.24](#)

½ cup avocado oil

7 oz. diced mild green chiles

½ stick salted butter, softened

1 egg [pg.41](#)

3 tbsp. honey [pg.23](#)

Preheat oven to 375°F. Spray a baking bread loaf dish with nonstick cooking spray. In a mixing bowl, add the cornbread mix, green chiles, egg, milk and avocado oil. Stir together well. Pour batter into prepared pan and bake until golden brown for 30 to 35 minutes.

In a small bowl, combine the butter and honey and mix well. When bread is finished allow to cool, slice and add desired amount of honey butter to your cornbread. Enjoy!

Servings:

4 to 5 servings

Total Time:

45 minutes

Pair With:

Kirin Ichiban Beer [pg.60](#)



Quick & easy!

Krusteaz Pancake or Waffle Mix

25.2 to 32 oz.

2.79
ea.

Without coupon 2.99, limit 5 per coupon



1340-20



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Flatbread, Focaccia or Garlic

King Arthur Bread Mix Kit

15.25 to 18.4 oz.

4³⁹

ea.



Neapolitan-Style King Arthur '00' Pizza Flour

3 lbs.

6⁷⁹



Rich & Creamy or Whipped

Betty Crocker Frosting

12 to 16 oz.

2⁶⁹

ea.



Supreme Walnut Betty Crocker Delights Brownie Mix

16.5 oz.

3⁴⁹



Chocolate Ghirardelli Premium Baking Bar

4 oz.

2⁹⁹

ea.



Premium Ghirardelli Baking Cocoa or Hot Cocoa Mix

8 to 10.5 oz.

4⁹⁹

ea.



Candy Savings!

Hershey's XL, Cadbury Large
Bar 3.5 to 4.5 oz., Hershey's
Candy 3.1 to 7 oz. bag, Ice
Breakers or Breathsavers
1.27 to 1.5 oz.

2^f o r

\$5

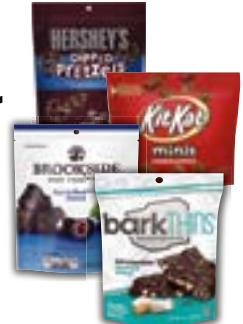


Assorted Pouches Hershey's, Brookside or barkTHINS

4.7 to 9.9 oz.

4⁹⁹

ea.



Whole Wheat, White Whole Wheat or Unbleached Bread

King Arthur Flour

5 lbs.

5.49

ea.

Without coupon 5.99, limit 5 per coupon



1345-50



Good Oct. 30 to Nov. 12, 2024

Super Moist Betty Crocker Cake Mix

13.25 to 14.25 oz.

1.89

ea.

Without coupon 2.19, limit 5 per coupon



1314-30



Good Oct. 30 to Nov. 12, 2024

Premium Ghirardelli Baking Chips

10 to 12 oz.

4.59

ea.

Without coupon 4.79, limit 5 per coupon



1384-20



Good Oct. 30 to Nov. 12, 2024

Assorted Singles Hershey's Candy

1.2 to 2.06 oz.

4 for \$5

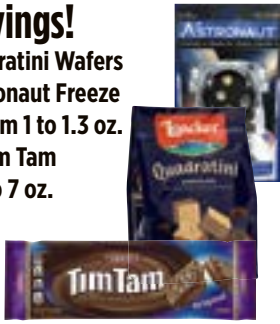


Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Sweet Savings!

Locker Quadratini Wafers
8.82 oz., Astronaut Freeze
Dried Ice Cream 1 to 1.3 oz.
or Arnott's Tim Tam
Cookies 5.8 to 7 oz.

3⁹⁹
ea.



Assorted Bags

Lindt or Ghirardelli Chocolate

4.1 to 5.32 oz.

4⁹⁹
ea.



Nabisco Savings!

belVita Breakfast 8.8 oz.,
Ritz Toasted Chips, Crisp
& Thins 7.1 to 8.1 oz. or
Premium Crackers
9 to 16 oz.

2^f_o\$8^r



Nabisco Snacks

Honey Maid Graham
Crackers 12.2 to 14.4 oz.,
Nilla Wafers 11 oz. or
Nutter Butter Wafers
10.5 oz.

2^f_o\$9^r



Morinaga Hi-Chew Fruit Chews

1.76 oz.

1⁰⁹
ea.



Chocolate or Strawberry Cream

Glico Pocky Biscuit Sticks

1.41 oz.

1²⁹
ea.



Table Cream

Nestlé Media Crema

7.6 oz.

2⁴⁹
ea.



Italian Holiday Cake

Bauducco Classic Panettone

24 oz.

8⁴⁹



**Ghirardelli, Chocolve,
Lindt Bars** 2.8 to 4.8 oz. or
Adams & Brooks Candy
5.5 to 6 oz.

2⁹⁹
ea.

Without coupon 3.39, limit 8 per coupon



1328-40



Good Oct. 30 to Nov. 12, 2024

Nabisco Snack Crackers
3.5 to 8.5 oz. or
Chips Ahoy! Cookies
7 to 13 oz.

2^f 0^r \$7
ea. set

Without coupon 2 for 8.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1329-100



Good Oct. 30 to Nov. 12, 2024

**Kinoko No Yama
Meiji Chocolate
Biscuits**
2.61 oz.

2^f 0^r \$5
ea. set

Without coupon 2 for 6.00, limit 4 sets per coupon
Coupon price good on set purchase only.



1311-100



Good Oct. 30 to Nov. 12, 2024

**Crispy & Delicate
Bauducco
Wafers**
5 oz.

4^f 0^r \$5



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Assorted
Doritos 10 oz.,
Tostitos or
Lay's Dip
15 oz.



4⁸⁹
ea.

Flavored
Doritos
Tortilla
Chips
9 to 10.75 oz.



4⁹⁹

Protein Pretzels
Lenny & Larry's
Flavored
Fitzels
3 oz.



2^f_o^r\$5

Made with Organic Corn
Garden of Eatin'
Tortilla
Chips
5.5 oz.



3⁴⁹
ea.

Family Volcano
Popping Candy
1.06 oz., 20 count or
Lolly & Pop
3 count



4^f_o^r\$5

Sweet snacks!
Lotte
Choco
Pies
11.85 oz., 12 ct.



4²⁹



Mauna Loa Mountains
Macadamia Nuts Covered
in Milk Chocolate 5 oz.

4⁴⁹

Great for baking!
Mauna Loa
Macadamia
Chopped Nuts
6 oz. bag



9⁹⁹

Potato or Shrimp
**Maui Style
Chips**

4.5 to 6 oz.

2^f_or **\$6** ea. set



Without coupon 2 for 6.50, limit 4 sets per coupon
Coupon price good on set purchase only.



1370-50



Good Oct. 30 to Nov. 12, 2024

Original or White Cheddar
**Skinny Pop
Popcorn**

4.4 oz.

3⁶⁹ ea.



Without coupon 3.99, limit 5 per coupon



1355-30



Good Oct. 30 to Nov. 12, 2024

Onion Rings, Shrimp Crackers or Tako Chips

**Nong Shim
Snacks**

1.76 to 2.64 oz.

1⁶⁹ ea.



Without coupon 2.09, limit 8 per coupon



1312-40



Good Oct. 30 to Nov. 12, 2024

**Mauna Loa
Macadamia Nuts**

Unsalted, Chocolate Covered,
Roasted or Seasoned 4 oz.

5⁹⁹ ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Trail Mix
**Planters
Spicy Nuts &
Cajun Sticks**
6 oz.



2⁶⁹

Salted, Lightly Salted or Unsalted
**Planters
Mixed
Nuts**
10.3 oz.



6¹⁹
ea.

Dry Roasted
**Fisher
Sunflower
Kernels**
7.25 oz.



3²⁹
ea.

Whole Natural or Roasted Salted
**Fisher
Almonds
Savings!**
4.5 oz.



3⁴⁹
ea.

Original or Flavored
**Kaimana
Ahi Tuna
Jerky**
1.5 to 2 oz.



5⁷⁹
ea.

Kaimana Flavored
**Wicked Wahoo
or Salmon
Jerky**
2 oz.



5⁹⁹
ea.

Original or Flavored
**Glenwood
Jerky Chew 1 oz.
or Meat Sticks**
1.5 oz.



2^f_o^r \$3

Original or Flavored
**Glenwood
Beef
Strips**
6 oz.



11⁹⁹
ea.

Salted or Lightly Salted
**Planters Cocktail
Peanuts**

12 oz.

3²⁹
ea.

Without coupon 3.49, limit 5 per coupon



1335-20



Good Oct. 30 to Nov. 12, 2024

Dry Roasted
**Fisher
Peanuts**

14 oz.

3⁹⁹
ea.

Without coupon 4.19, limit 5 per coupon



1358-20



Good Oct. 30 to Nov. 12, 2024

Ahi, Wahoo or Salmon
**Kaimana Jerky
Variety Pack**

9 to 10 bags

12⁹⁹
ea.

Without coupon 13.99, limit 6 per coupon



1313-100



Good Oct. 30 to Nov. 12, 2024

Premium
**Glenwood
Beef Jerky**

2.5 oz.

3⁹⁹
ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

TASTY BITE

Tasty Bite creates authentic Indian cuisine using real ingredients that are ready to eat in under two minutes because we believe you should always have a tasty and healthy meal at your fingertips.



AUTHENTIC. AWESOME. INDIAN.

Premium Japanese Green Tea

**Aiya
Matcha
To Go**

10 packets

13⁹⁹



Ready in a minute!

**Tasty Bite
Organic
Indian Meals**

10 oz. pouch

4³⁹
ea.



Original or Espresso

**Sun Tropics
Coco
Rolls**

4 oz.

3⁴⁹
ea.



Made with whole foods!

**Simple
Mills
Cookies**

4.25 to 5.5 oz.

4¹⁹
ea.



Every Tasty Bite product is all-natural
and/or 100% organic, and
Non-GMO Certified



WWW.TASTYBITE.COM



All Natural
Tasty Bite
Indian Meals

10 oz. pouch

2^f_o\$6^r ea. set

Without coupon 2 for 7.00, limit 5 sets per coupon
Coupon price good on set purchase only.



Excludes Organic



1332-100



Good Oct. 30 to Nov. 12, 2024

Gourmet Crackers
Milton's
Craft Bakers

6.8 to 8.4 oz.

3⁹⁹ ea.

Without coupon 4.29, limit 5 per coupon



1331-30



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Mild, Medium Hot or Hot
**S&B Golden
Curry Sauce
Mix**

3.2 oz.

2⁶⁹
ea.



Roasted Seaweed
**Japan Food
Yaki Sushi Nori
Sugatami**

10 sheets

3²⁹



California Koshihikari
**Tamaki
Gold
Rice**

4.4 lbs.

14⁶⁹



**Shirakiku Cooked
Sticky Rice**

Microwavable 12 count

19⁹⁹



Classic
**Yamamotoyama
Tea** 16 bags

2⁶⁹
ea.

**Kikkoman Soy Sauce
or Teriyaki
Marinade
& Sauce**

1.25 quarts

8⁹⁹
ea.



Dried Kelp
**Shirakiku
Nishime
Kombu**

1 oz.

2¹⁹



Made in Japan
**Shirakiku
Tempura
Batter Mix**

10 oz.

2¹⁹



Regular or Brown
**Dynasty
Jasmine Rice**

5 lbs.

5⁹⁹
ea.

Without coupon 6.19, limit 5 per coupon



1326-20



Good Oct. 30 to Nov. 12, 2024

Whole Grain
**Sukoyaka Genmai
Brown Rice**

15 lbs.

36⁹⁹
ea.

Without coupon 37.99, limit 5 per coupon



1377-100



Good Oct. 30 to Nov. 12, 2024

Enjoy on hot rice!
**JFC Furikake
Rice Seasoning**

1.7 to 3.1 oz.

2⁰\$5^r
ea.set

Without coupon 2 for 6.00, limit 5 sets per coupon
Coupon price good on set purchase only.



1333-100



Good Oct. 30 to Nov. 12, 2024

Sapporo Ichiban

Original, Beef, Shrimp,
Chicken Ramen or
Chow Mein Noodles
3.5 to 3.6 oz.

4⁰\$3^r



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Kimchi Brussels Sprouts

Created by Chef Ryan Covert



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!

Natural
**Mizkan
Rice
Vinegar**
24 oz.

5⁷⁹



Add flavor!
**Shirakiku
Mirin Flavor
Seasoning**
13.52 oz.

2⁹⁹



Kimchi Brussels Sprouts

2 lbs. Brussels sprouts, trimmed and split in half

1 red onion, thinly sliced

3 tbsp. ginger, minced

2 tbsp. extra virgin olive oil

½ tsp. salt [pg.8](#)

½ tsp. black pepper [pg.8](#)

nonstick cooking spray

1 tbsp. kimchi base

1 cup kimchi, well drained, rough chop

1 tbsp. rice wine vinegar [pg.38](#)

1 tbsp. fish sauce

¼ cup Thai basil, rough chop

Preheat oven to 475°F. In a large bowl add Brussels sprouts, red onion, ginger, olive oil, salt and pepper and toss well. Line a baking sheet with tin foil for easy clean up and spray with nonstick cooking spray. Add Brussels sprout mixture evenly to baking sheet and place in the oven and roast for 25 to 35 minutes until Brussels sprouts are slightly browned and tender.

After Brussels sprouts have roasted, place them in a large bowl and add kimchi base, kimchi, vinegar, fish sauce, Thai basil and toss to combine. Enjoy this side dish with your favorite entrée.

Servings:

6 to 8 servings

Total Time:

45 minutes

Pair With:

Nobilo Sauvignon Blanc [pg.62](#)

Sweet Rice Flour

Shirakiku

Mochiko

16 oz.

1.99
ea.

Without coupon 2.29, limit 5 per coupon



1338-30



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Lee Kum Kee Sauce Sale!

Panda Brand Orange
Chicken, Broccoli
Beef or Lettuce
Wrap 8 oz.



2⁶⁹
ea.

Chili or Mayo Lee Kum Kee Sriracha Sauce

15 to 18 oz.



4²⁹
ea.

Ready in 3 minutes!

Mama Instant Noodles

2.47 oz.



99¢
ea.

Product of the Philippines

Silver Swan Soy Sauce or Vinegar

33.81 to 34 oz.



2⁶⁹
ea.

Frozen Bibigo Steamed Dumplings

5.92 oz.



**2^f
o
r \$6**

Frozen Stick or Sliced

Surasang Rice Cake

1.43 lbs.



3⁷⁹
ea.

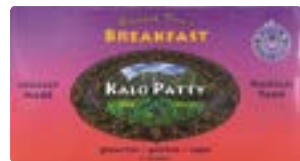
Frozen Original, Spicy or Tropical

Braddah Dave's Taro Burgers

6 oz.



5⁷⁹



**Braddah Dave's
Breakfast Kalo
Patty** Frozen 8 oz.

8⁹⁹

Flavored
**Lee Kum Kee
Oyster Sauce**

17 oz.

2^f_o\$3^r ea. set

Without coupon 2 for 4.00, limit 3 sets per coupon
Coupon price good on set purchase only.



1336-100



Good Oct. 30 to Nov. 12, 2024

**Family, Chef's Choice
Coconut Milk or
Coconut Cream**

13.5 oz.

1⁶⁹ ea.

Without coupon 1.99, limit 6 per coupon



1337-30



Good Oct. 30 to Nov. 12, 2024

Frozen Marinated
**Tropics
Milkfish**

1 lb.

5⁸⁹ ea.

Without coupon 6.39, limit 3 per coupon



1528-50



Good Oct. 30 to Nov. 12, 2024

Large Grade A
**Mainland Farm
Fresh Eggs**

1 dozen

2^f_o\$8^r



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Turkey & Eggplant Stuffed Manicotti

Created by Chef Ryan Covert



Visit ktasuperstores.com/recipes or scan the code for recipe videos and more!



Frozen

**Chicken Thighs
Tray Pack or
Long Pig Feet**

servicing
suggestion

2⁹⁹
lb.



servicing
suggestion

**Smoked Ham Hocks
or Frozen Boneless
Pork Butt Roast**

3⁹⁹
lb.

42 Unless otherwise stated, we reserve the right to limit sale items to 5 units per customer. Prices are subject to a 4.7120% excise tax. Applicable beverage are subject to HI State Beverage fee & deposit. Not all products may be available at KTA Downtown, Waikoloa Village or KTA Express.

Turkey & Eggplant Stuffed Manicotti

- 8 oz. box manicotti [pg.4](#)
- olive oil or nonstick cooking spray for tray
- 2 tbsp. olive oil
- 1 medium size onion, small diced
- 5 cloves garlic, minced
- 16 oz. ground turkey [pg.16](#)
- 1 medium size Japanese eggplant, small diced
- ½ tsp. salt [pg.8](#)
- ½ tsp. black pepper [pg.8](#)
- 1 tsp. Italian seasoning
- ½ tsp. red pepper flakes, optional
- 15 oz. whole milk ricotta cheese
- 8 oz. Italian 5 cheese blend [pg.46](#)
- 2 tbsp. fresh basil, finely chopped
- 2 tbsp. fresh Italian parsley, finely chopped
- 24 oz. pasta sauce [pg.4](#)
- salt, for pasta water [pg.8](#)

Preheat oven to 350°F. Cook manicotti to box directions. Once the pasta is cooked, take them out of the water and place them on a tray lightly coat with olive oil or nonstick cooking spray. Set aside to cool. Place a large sauté pan over high heat, add olive oil, onion, garlic, ground turkey, eggplant, salt, black pepper, Italian seasoning, red pepper flakes and cook for 5 to 7 minutes more until turkey is cooked through. If any liquid is in the turkey mixture, drain well and let the mixture cool down to room temperature. Then add the mixture to a bowl along with ricotta cheese, half of the 5 cheese blend, fresh basil, parsley and mix well.

Add the blended mixture into a gallon size zip bag and cut a small hole on one end of the bag to create a piping bag, then fill all manicotti. Add half of the pasta sauce to the bottom of a oven safe dish and place the filled manicotti on top of the pasta sauce. Pour the remainder of the pasta sauce on top of the filled manicotti and sprinkle the rest of the cheese on top. Cook for 25 to 30 minutes until the cheese is melted.

Servings:

4 to 6 servings

Total Time:

45 minutes

Pair With:

Clos du Bois Pinot Grigio [pg.62](#)

85% Lean
Carolina
Ground Turkey
16 oz.

4.49
ea.

Without coupon 4.99, limit 2 per coupon



1522-50



Good Oct. 30 to Nov. 12, 2024

Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.



Frozen Steam of the Crop
Flav•R•Pac
Vegetables 12 oz.

2^f
19_r
 ea.



Frozen Selected
Flav•R•Pac
Vegetables 28 oz.

4^f
29_r
 ea.

100% Natural
Land O'Frost
Bistro
Favorites
 6 to 8 oz.



2^f
08_r

Selected
Land O'Frost
Premium
Sub Kit
 20 oz.



7^f
99_r

Kraft
Philadelphia
Cream Cheese
Spread
 7.5 to 8 oz.



4^f
99_r
 ea.

Lunch Combinations
Oscar Mayer
Lunchables
Uploaded
 15 to 15.46 oz.



3^f
99_r
 ea.



Mo'Ono or Linguica Portuguese Brand
Redondo's
Sausage
 5 oz.

3^f
05_r



Redondo's Sausage
 Lisboa Portuguese Brand
 Mild, Hot or Jumbo Arabiki
 9 to 10 oz.

2^f
07_r

Frozen Selected
Flav•R•Pac
Vegetables
12 oz.

2²⁹
ea.

Without coupon 2.79, limit 3 per coupon



1529-50



Good Oct. 30 to Nov. 12, 2024

Ham or Turkey
Land O'Frost
Premium Meat
1 lb.

5⁵⁹
ea.

Without coupon 5.99, limit 3 per coupon



1532-40



Good Oct. 30 to Nov. 12, 2024

Naturally Hardwood Smoked

Oscar Mayer
Bacon
12 to 16 oz.

7⁵⁹
ea.

Without coupon 7.99, limit 3 per coupon



1525-40



Good Oct. 30 to Nov. 12, 2024

Fully Cooked
Redondo's
Hawaiian Winners
16 oz.

2^f o \$8^r



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Boneless Skinless

Tyson Chicken Breasts

Frozen 40 oz.

9⁹⁹



Frozen Chicken

Tyson Wing Sections

4 lbs.

13⁹⁹



Frozen

Marie Callender's Pot Pie or Meal

6.4 oz.

5⁹⁹

ea.



Frozen Links or Patties

Banquet Brown 'N Serve

6.4 oz.

3^f 0^o \$8^r



Chunk, Shredded or Crumbles

Kraft Natural Cheese

5 to 8 oz.

4³⁹

ea.



Add in sandwiches!

Kraft Sliced Natural Cheese

7 to 8 oz.

4⁵⁹

ea.



Whole or 2% Reduced Fat

Meadow Gold Lactose Free Milk

64 oz.

6⁹⁹



From Concentrate

Mountain Apple Brand 100% Orange Juice

64 oz.

5⁷⁷



Boneless Skinless
**Tyson Frozen
Chicken Thighs**

40 oz.

7⁹⁹
ea.

Without coupon 8.29, limit 3 per coupon



1531-50



Good Oct. 30 to Nov. 12, 2024

Original or Southern
**Banquet Crispy
Fried Chicken**

Frozen 29 oz.

10⁹⁹
ea.

Without coupon 11.49, limit 3 per coupon



1530-50



Good Oct. 30 to Nov. 12, 2024

Hash Brown Patties, Reg. or Crinkle Fries

**Ore-Ida Frozen
Potato Sides**

22.5 to 32 oz.

6²⁹
ea.

Without coupon 6.69, limit 3 per coupon



1524-40



Good Oct. 30 to Nov. 12, 2024

Whole, Skim, 1% or 2%
**Mountain Apple
Brand Milk**

1 gallon

6⁹⁷
ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Bakery
**Best Maid
Crispy Bar
Sale!**

2.8 to 5 oz.

2^f_o\$4^r



Pepperoni or Honey Ham
**Deli Hormel
Gatherings
Snack Tray**

14 oz.

10^f_o49^r



Deep Dish or French Bread Singles

**Red Baron
Frozen
Pizza**

8.8 to 11.6 oz.

4^f_o99^r
ea.



Creamy & Fruity
**Melona Frozen
Dairy Dessert
Bars**

8 count

6^f_o99^r
ea.



POG, Waiawi or Chocolate Haupia

**Meadow Gold
Ice Cream
Dream Bars**

2.5 oz.

3^f_o\$6^r



Frozen Treats
**Meadow Gold
Ice Cream Bars
or Sandwiches**

6 count

2^f_o\$8^r



White, Cool Moisture or Sensitive Skin

**Dove
Bar
Soap**

2 count

5^f_o29^r
ea.



Moisturizing
**Dove
Body Wash
Savings!**

11 to 13.5 oz.

5^f_o99^r
ea.



Bakery
**Brill Sliced
Loaf Cake**
16 oz.

7⁴⁹
ea.

Without coupon 7.99, limit 2 per coupon



1520-50



Good Oct. 30 to Nov. 12, 2024

Talenti Gelato Layers
10.7 to 11.6 oz. or
Breyers Ice Cream
1.5 quarts

6⁹⁹
ea.

Without coupon 7.49, limit 3 per coupon



1527-50



Good Oct. 30 to Nov. 12, 2024

Selected
**Meadow Gold
Ice Cream or Sherbet**
1 gallon

10⁹⁹
ea.

Without coupon 11.99, limit 3 per coupon



1526-100



Good Oct. 30 to Nov. 12, 2024

**Dove
Hair Care**
Shampoo or
Conditioner 12 oz.

2^f o \$8^r



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.



**Halls Relief or
Defense Drops**
9 count

**2^f
o
r** **\$3**

**Economy Pack
Halls
Drops
Deals!**
70 to 80 count

**5^f
o
r** **\$9⁹**
ea.



Strength to last 12 hours!
**Aleve
Pain
Reliever**
50 count

**7^f
o
r** **\$9⁹**
ea.



**Non-Drowsy
Claritin
Allergy
Relief**
10 count

**11^f
o
r** **\$9⁹**
ea.



**Band-Aid
Bandages Sale!**
Clear Spots 20 count,
Sheer 40 count
or Family Pack
60 count

**2^f
o
r** **\$2⁹**
ea.



Antibiotic 24-Hour Infection Protection
**Neosporin
Ointment
or Cream**
.5 oz.

**6^f
o
r** **\$9⁹**
ea.



Small/Medium or Large
**Goodnites
Nighttime
Underwear**
11 to 14 count

**11^f
o
r** **\$4⁹**
ea.



Simply Clean or Natural Care
**Huggies
Wipes**
56 to 64 count

**2^f
o
r** **\$5**



Relief or Defense

Halls

Drops

25 to 30 count

2⁸⁹
ea.

Without coupon 3.19, limit 5 per coupon



111-30



Good Oct. 30 to Nov. 12, 2024

Alka-Seltzer Plus

Cold & Flu, Cold, Cough
Powerfast Fizz or Sinus
Congestion & Pain
Powermax Gels 24 ct.

7⁹⁹
ea.

Without coupon 8.49, limit 5 per coupon



112-50



Good Oct. 30 to Nov. 12, 2024

Children's Pain Reliever/Fever Reducer

Motrin or Tylenol

Pain Reliever

4 oz. liquid

7⁹⁹
ea.

Without coupon 8.39, limit 5 per coupon



118-40



Good Oct. 30 to Nov. 12, 2024

Snug & Dry

Huggies

Diapers

19 to 38 count

9²⁹
ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Nutrex Supplements

BioAstin Supreme 60 ct.,
Spirulina Powder 5 oz.,
Gummies 60 ct. or
Spearmint Flavor
1000mg - 180 ct.

14⁹⁹
ea.



Hawaiian Astaxanthin Nutrex Supplements

BioAstin 12mg - 50 ct.,
TurmericAstin 30 ct.,
JointAstin 120 ct. or
EyeAstin 60 ct.

18⁹⁹
ea.



Mucinex Sale!

FastMax, SinusMax
16 to 20 ct.,
6 oz. liquid or
Night Shift Cold
& Flu 6 oz. liquid

35% OFF
REGULAR
PRICES



Move Free 30 to 120 count or MegaRed Krill Oil

40 to 60 count

40% OFF
REGULAR
PRICES



Icy Hot Pain Relief

Patches 3 to 5 ct.,
Cream, Balm
or Roll-On
1.25 to 3.5 oz.

35% OFF
REGULAR
PRICES



Gold Bond Skin Care

Lotion 5.5 to 14 oz.,
Cream 1 to 3.4 oz.
or Powder
4 to 10 oz.

35% OFF
REGULAR
PRICES



Ultra Kleenex Tissues ON the GO 3 pack

1⁵⁹



A clean, fresh towel every time!

Kleenex Hand Towels 60 count

2^f_o^r \$5



Nutrex Supplements

BioAstin Hawaiian Astaxanthin
4mg - 60 ct., 12mg - 25 ct.
or Pure Hawaiian Spirulina
500mg - 200 ct.

11⁹⁹
ea.

Without coupon 12.99, limit 5 per coupon



114-100



Good Oct. 30 to Nov. 12, 2024

Airborne

Immune Support Supplement
Effervescent Tablets 10 ct.,
Chewable Tablets 32 ct.
or Gummies 21 ct.

6⁴⁹
ea.

Without coupon 6.99, limit 5 per coupon



113-50



Good Oct. 30 to Nov. 12, 2024

Act Oral Care

Total Care, Anticavity 18 oz.,
Kids Mouthwash 16.9 oz.
or Dry Mouth Lozenges
18 count

4²⁹
ea.

Without coupon 4.59, limit 5 per coupon



110-30



Good Oct. 30 to Nov. 12, 2024

Kleenex Tissues

Trusted Care 160 ct.,
Soothing Lotion
or Ultra Soft
120 ct.

**4^f
o
r \$9**



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Paper
**Vanity Fair
Classic
Napkins**
40 count



2⁹⁹

**Dixie
Paper Plates**
Soak Proof
Microwaveable
8 1/2" - 90 count or
10 3/8" - 44 count



6⁹⁹
ea.

Drawstring 13 Gallon
**Hefty Ultra Strong
Tall Kitchen
Trash Bags**
40 count



8⁹⁹
ea.



Heavy Duty
**Reynolds Wrap
Aluminum Foil**
37.5 square feet

3⁹⁷

#2 White or Natural Brown
**Essential Everyday
Cone Coffee
Filters**
40 count



**2^f
o
r\$5**

#4 Natural Brown
**Essential Everyday
Cone Coffee
Filters**
40 count



2⁹⁹

Premium Nonstick
**Good Cook
Baking
Pan**
1 count



25% OFF
REGULAR
PRICES

Oblong 3 Quart
**Pyrex Glass
Baking Dish** 1 count



9⁹⁹

Original or Ultra
Angel Soft
Bath Tissues
6 to 8 mega rolls

7⁵⁹
ea.

Without coupon 7.99, limit 5 per coupon



1371-40



Good Oct. 30 to Nov. 12, 2024

Easy Prep. Easy Cook. Easy Clean.

Reynolds Wrap
Aluminum Foil
200 square feet

9⁹⁹
ea.

Without coupon 10.99, limit 4 per coupon



1372-100



Good Oct. 30 to Nov. 12, 2024

White
Essential Everyday
Basket Coffee Filters
250 count

3⁴⁹
ea.

Without coupon 3.99, limit 3 per coupon



1363-50



Good Oct. 30 to Nov. 12, 2024

Glass
Pyrex
Food Storage
1 count

30% OFF
REGULAR
PRICES



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Instantly cuts grease!

Palmolive Ultra Dish Liquid

20 oz.

2^f_o\$5^r



Complete Suavitel Fabric Conditioner

Liquid 46 oz.

3²₉
ea.



Plant Powered ECOS Furniture Cleaner + Polish

22 oz.

5⁹⁹



Refill Value Kit ECOS All-Purpose Cleaner

80 oz.

15⁹⁹



Mr. Clean Magic Eraser Sheets 16 ct. or Pads

2 to 3 ct.

30% OFF
REGULAR
PRICES



Multi-Purpose Mr. Clean Clean Freak Cleaner

16 oz. spray

6⁵⁹
ea.



Platinum Cascade Dishwasher Detergent

18 actionpacs

5⁹⁹



3in1 or 4in1 Tide PODS Laundry Detergent

15 to 16 count

6⁵⁹



Tough on grease!

Ajax Ultra Dish Liquid

12.4 oz.

89¢

ea.

Without coupon 1.09, limit 5 per coupon



Good Oct. 30 to Nov. 12, 2024

1373-20



Plant Powered

ECOS Cleaner

22 to 24 oz.

4.49

ea.

Without coupon 4.99, limit 5 per coupon



Good Oct. 30 to Nov. 12, 2024

119-50



Multi-Surface

Mr. Clean Liquid Cleaner

41 oz.

6.49

ea.

Without coupon 6.99, limit 5 per coupon



Good Oct. 30 to Nov. 12, 2024

12-50



Tough on stains & odors!

Tide Simply Laundry Detergent

84 oz. liquid

7.99

ea.



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Cleaning Tools

Libman Brush, Power
Scrub Brush, Dust Pan,
O-Cedar Easy Pour
Bucket or Sprayco
Plain Sprayer 1 count



35% OFF
REGULAR
PRICES

Reusable Soap Filled

S.O.S Steel Wool Pads

10 count

3⁹⁹



Complete & Balanced

Essential Everyday Dog Food

13.2 oz.

4^f_o^r\$7



Simple Wholesome Ingredients

Wild Harvest Dry Dog Food

3.5 to 4 lbs.

9⁹⁹
ea.



Energizer Max Batteries

C, D 4 count
or 9V 2 count

10⁷⁹
ea.



Energizer Ultimate Lithium Batteries

AA 4 count

12⁹⁹



Disposable Essential Everyday Lighter

1 count

99¢
ea.



Ridge Charcoal Briquets

Essential Everyday Instant Light

6.2 lbs.

8⁹⁹



Small, Medium or Large
**0-Cedar Playtex
Living Gloves**

1 pair

2^f_or **\$6** ea. set

Without coupon 2 for 7.00, limit 3 sets per coupon
Coupon price good on set purchase only.



1364-100



Good Oct. 30 to Nov. 12, 2024

Premium
**Wild Harvest
Dry Cat Food**

3 lbs.

7⁹⁹ ea.

Without coupon 8.49, limit 5 per coupon



1374-50



Good Oct. 30 to Nov. 12, 2024

Long lasting!

**Energizer Max
AA or AAA Batteries**

8 count

9⁹⁹ ea.

Without coupon 10.99, limit 3 per coupon



1368-100



Good Oct. 30 to Nov. 12, 2024

Briquets
**Essential Everyday
Ridge Charcoal**

7.7 lbs.

6⁹⁹



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price.
Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Premium
**Kirin
Ichiban
Beer**

12 btl./cans

13⁵⁹



**Corona Beer
Savings!**

Extra, Premier
12 btl./cans,
Familiar or
Light 12 btl.

17⁹⁹
ea.



Beer Buy!

Budweiser Reg., Zero,
Miller Lite, Easy Rider,
Coors Banquet,
Light 12 cans
or Bud Light
12 btl./cans

15⁷⁹
ea.



**Michelob
Ultra Beer**

Pure Gold
12 cans or
Original
12 btl./cans

16⁹⁹
ea.



Enjoy pau hana time!

**Deschutes
Beer
Deals!**

6 btl./cans

10⁹⁹
ea.



Assorted
**Sierra
Nevada
Beer**

12 btl./cans

18⁹⁹
ea.



Made in Hawai'i!

**Ola Hard
Tea, Juice
or Seltzer**

6 cans

11⁷⁹
ea.



**Happy Thursday
Spiked Refreshers,
Mike's Hard or
Simply Spiked**

12 cans

18⁴⁹
ea.



Ready-to-Drink Cocktail
BeatBox Beverage
or **ViBE by Vendange**

500 ml.

**2^f
o
r** \$7



2 great flavors in 1 twisted shot!

Twisted Shotz Party Pack

15 count

15⁹⁹



Original or Apple
Proper Twelve Irish Whiskey

750 ml.

19⁹⁹ ea.



Selected
Crown Royal Canadian Whisky

750 ml.

22⁹⁹



Imported
Grey Goose Vodka

750 ml.

23⁹⁹ ea.



Reposado or Blanco
Teremana Small Batch Tequila

750 ml.

27⁹⁹ ea.



Bacardi Rum Sale!

Gold, Superior, Tropical, Black or Spiced
750 ml.

13⁹⁹ ea.



Kentucky Straight
Jim Beam Bourbon Whiskey

750 ml.

15⁹⁹



Prices good in-store only. Not valid on online and KTA Delivery purchases. Actual coupon required to obtain coupon price. Limit 1 coupon per product, per visit, per customer. Descriptive, typographical and/or photographic errors are subject to correction.

Selected
**La Crema
California
Wine**

750 ml.

15⁹⁹
ea.



**Earthquake
Cabernet or
Zinfandel
Wine**

750 ml.

18⁹⁹
ea.



Pair with your meal!
**Clos du Bois
California
Wine**

750 ml.

7⁹⁹
ea.



**Marlborough
Nobilo
Sauvignon
Blanc Wine**

750 ml.

10⁸⁸



California
**Mark West
Pinot Noir
Wine**

750 ml.

9⁹⁷



**Chenin Blanc Wine
Barton
& Guestier
Vouvray**

750 ml.

9⁹⁹



**Risata Prosecco
Estate Grown
or Moscato
d'Asti Wine**

750 ml.

9⁹⁹
ea.



Made with organic grapes!
**Bonterra
California
Wine**

750 ml.

11⁹⁹
ea.



Grocery

Barilla Pasta	5
Best Foods Mayonnaise	13
Betty Crocker Cake Mix	27
Bigelow Tea	15
Capri Sun Drinks or Country Time Lemonade	19
Chicken of the Sea Wild Caught Tuna	5
Crisco Pure Oil	13
Dynasty Jasmine Rice	37
Essential Everyday Clover Honey	23
Family, Chef's Choice Coconut Milk or Cream	41
Fisher Peanuts	33
Ghirardelli, Chocolove, Lindt or Adams & Brooks	29
Ghirardelli Baking Chips	27
Hawaiian Mountain Fresh Water	17
Hunt's Tomato Sauce	7
Jell-O Pudding & Pie Filling	19
JFC Furikake Rice Seasoning	37
Kaimana Jerky Variety Pack	33
Kellogg's Pop•Tarts	21
King Arthur Flour	27
Kraft Barbecue Sauce & Dip	11
Krusteaz Pancake or Waffle Mix	25
La Costeña Whole Beans	9
Lee Kum Kee Oyster Sauce	41
Libby's Corned Beef	5
Lindsay Large Black Olives	11
Mariani Dried Fruits	23
Maui Style Chips	31
McCormick Gravy or Chili Seasoning Mixes	9
Meiji Kinoko No Yama	29
Mezzetta Deli-Sliced Peppers or Peperoncini	11
Milton's Craft Bakers Crackers	35
Monster or Reign Energy Drinks	15
Nabisco Snack Crackers or Chips Ahoy! Cookies	29
Nixie Sparkling Water	17
Nong Shim Snacks	31
Ocean Spray Juice Drink	17
Planters Cocktail Peanuts	33
Post Cereal	21
Punalu'u Bake Shop Sweetbread	21
Shirakiku Mochiko Flour	39
Skinny Pop Popcorn	31
Sukoyaka Genmai Brown Rice	37
Swanson Chicken Broth	9
Swiss Miss Hot Cocoa Mix	15
Tasty Bite Indian Meals	35
Wild Harvest Organic Peanut Butter Spread	23
Wish-Bone Dressing	13

Perishables

Banquet Crispy Fried Chicken	47
Brill Sliced Loaf Cake	49
Carolina Ground Turkey	43
Flav•R•Pac Vegetables	45
Land O'Frost Premium Meat	45
Meadow Gold Ice Cream or Sherbet	49
Ore-Ida Potato Sides	47
Oscar Mayer Bacon	45
Talenti Gelato or Breyers Ice Cream	49
Tropics Milkfish	41
Tyson Chicken Thighs	47

Health & Beauty

Act Oral Care	53
Airborne Immune Support Supplement	53
Alka-Seltzer Plus	51
Halls Drops	51
Motrin or Tylenol Pain Reliever	51
Mutrex Supplements	53

Non-Foods

Ajax Ultra Dish Liquid	57
Angel Soft Bath Tissues	55
ECOS Cleaner	57
Energizer MAX Batteries	59
Essential Everyday Basket Style Coffee Filters	55
Mr. Clean Multi-Surface Cleaner	57
O-Cedar Playtex Living Gloves	59
Reynolds Wrap Aluminum Foil	55
Wild Harvest Dry Cat Food	59



50 East Puainako Street
 Hilo, Hawai'i 96720
www.ktasuperstores.com



DOWNTOWN, HILO

Mon-Sat 7am to 8pm, Sun 7am to 7pm
 321 Keawe St935-3751

PUAINAKO, HILO

5:30am to 10pm
 50 East Puainako St959-9111
 Pharmacy959-8700

WAIMEA

6am to 8pm
 Waimea Center 885-8866
 Pharmacy885-0033

KTA EXPRESS, KEALAKEKUA

Mon-Sat 6am to 8pm, Sun 9am to 6pm
 81-6602 Mamalahoa Hwy.....323-1916

WAIKOLOA VILLAGE

6am to 8pm
 Waikoloa Highlands Center ...883-1088
 Pharmacy883-8434

KAILUA-KONA

6am to 9pm
 Kona Coast Shopping Center 329-1677

KEAUHOU, KONA

7am to 8pm
 Keauhou Shopping Center 322-2311
 Pharmacy322-2511

KTA DELIVERY

9am to 8pm - in the Hilo area
 Order at delivery.ktasuperstores.com

Store hours are subject to change. Visit ktasuperstores.com/store-locator for current hours.

2024 KTA SUPER STORES

**KONA COFFEE
 RECIPE CONTEST**

**November 3, 2024 • 11am to 2pm
 Outrigger Kona Resort and Spa**

An event combining the creativity of professional chefs,
 amateurs and keiki, all with a passion for Kona coffee.

KONA COFFEE CULTURAL FESTIVAL • Nov. 1 to 10, 2024