

You're Someone Special

Over \$150 in Savings!

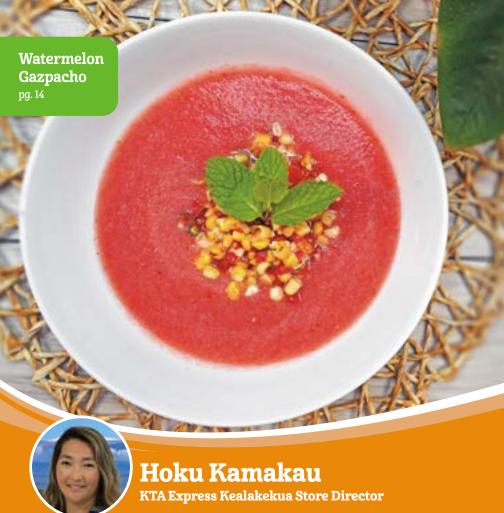
Offers Good June 26 to July 9, 2024

Portuguese Sausage Banh Mi Hotdogs

f @ & d @ c

www.ktasuperstores.com

Watermelon Gazpacho pg.14 Grilled Charred Cabbage pg.38



Aloha KTA 'ohana, Here at KTA Super Stores, one of our favorite ways to eat fresh island produce is by pickling them. From tangy pickled mango to spicy cucumber kimchi, the art of pickling is beloved across the many different cultures that can be found in Hawai'i. It's also a great way to preserve and enhance vegetables during warm summer months and use them as a refreshing side of flavorful topping.

An easy way to pickle cucumbers is to slice them thinly and then immerse them in rice vinegar, sugar, salt and Hawaiian chili peppers for a zesty kick. Try pickling green papaya in a brine of vinegar, garlic and soy sauce for a savory, refreshing treat.

Check out this month's Chef Ryan's Portuguese Sausage Banh Mi Hotdogs with Pickled Summer Vegetables for more ideas, and remember, you're someone special at KTA since 1916.















Coupons

Grocery	4
Perishables	40
Health & Beauty	48
Household	52
Wines & Spirits	60
Common Instant	

Featured Chef



Ryan Covert

Ryan Covert is both the owner and head chef of Covert Affairs, which caters to locals and celebrities alike. His dynamic cooking style is a global celebration, focusing on Asia-Pacific, Mediterranean and Caribbean cuisines



Sign up to receive our Coupon Book with Quick & 'Ono recipes and \$150 in savings at ktasuperstores.com/stay-in-touch or scan the code!

The recipes within are provided as suggestions only as part of our service to customers and are intended for use by persons having appropriate technical skill, at their own discretion and risk. KTA Super Stores cannot guarantee that favorable results will be obtained from their use, and assumes no obligation or liability and makes no warranties with respect to these recipes.

Quick & Convenient
Chef Boyardee
Pasta

Meals 14.5 to 15 oz.

189



Original
Wendy's
Chili with
Beans
15 oz.

399



Hot dog topper!

Hormel No Beans Chili

279



In Water Hormel Chicken Breast 10 oz.

359



In Clam Juice

Snow's Chopped or Minced Clams 6.5 oz.

2:\$4



Wild Caught

Bumble Bee Sockeye 5 oz. or Pink Salmon

14.75 oz.

397



Chickpea or Red Lentil

Barilla Legume Pasta 8.8 oz.

249



Basil or Genovese

Barilla Pesto Sale! 6.2 to 6.5 oz.



Enjoy for breakfast! Libby's **Corned Beef**

Without coupon 5.29, limit 5 per coupon







Corned or Roast Beef

Hormel Mary Kitchen Homestyle Hash 14 oz.

Without coupon 3.19, limit 5 per coupon







In Water or Oil

Bumble Bee Chunk Tuna

5 oz.



1366-30



Without coupon 1.27, limit 10 per coupon

Regular or Whole Grain **Barilla Pasta**

12 to 16 oz.



Black, Kidney, Pinto or Red **Bush's Best**

Chili Beans 15.5 to 16 oz.

2:\$3



High in fiber! **Bush's Best**

Baked Beans 28 oz.

279



Black or Pinto

La Costeña Refried Beans 20.5 oz.

179



Sliced or Nachos La Costeña Pickled Jalapeños

189

12 oz.



From Concentrate

Jumex Nectar Sale!

89¢



In Adobo Sauce

Embasa Chipotle Peppers

219



Sliced

Lindsay Black Ripe Olives

2.25 oz.

179



Pitted or Sliced Lindsay Snack and Go! Olives 4 cups



Regular or Reduced Sodium

Bush's Best Beans

Black, Garbanzo, Cannellini, Kidney, Great Northern or Pinto 15 to 16 oz.

Without coupon 1.19, limit 5 per coupon



Excludes Organic



1304-20

Black or Pinto La Costeña **Whole Beans**

19.75 oz.

Without coupon 1.99, limit 5 per coupon







Mild, Medium or Hot

Herdez Salsa

7 oz.

Without coupon 3 for 4.50, limit 3 sets per coupon Coupon price good on set purchase only.





1355-50



Pitted Ripe Lindsay Large Black Olives 6 oz.





Add bold flavor to your kitchen creations effortlessly with McCormick® spice mixes. Superb sauces and gravies, delicious entrees and savory snacks are just a sprinkle away.









www.mccormick.com/recipes

Salt or Peppercorn McCormick Grinder Savings! .85 to 2.5 oz.

229



McCormick
Pure Extract

Vanilla 1 oz., Lemon or Almond 2 oz.

397



Make tacos on Tuesday!

McCormick Taco

Seasoning Mix

1 oz.

88¢



Enchilada, Fajita or Guacamole Mix

McCormick Mexican Seasoning 1 to 1.5 oz.





No Artificial Flavors

McCormick Gravy or Chili Seasoning Mixes

4:\$5

ea. set

Without coupon 4 for 6.00, limit 2 sets per coupon Coupon price good on set purchase only.





1367-100



July 9, 2024

Beef Recipes

McCormick Sauce or Seasoning Mix 1.31 to 2.11 oz.

177

Without coupon 2.17, limit 8 per coupon







1368-40



40 _______

Hamburger or Tuna **Betty Crocker**

Helper Meal 5 to 6.9 oz.

279



Traditional or Rich & Hearty

Progresso Soup Buy! 18.5 to 19 oz.

349



Au Gratin or Scalloped

Betty Crocker

Potato Sides

319



100% Real

Betty Crocker Mashed Potatoes 28 oz.

569



Marinated

Mezzetta Artichoke Hearts

Hearts 14.5 oz.

349



Great for Mexican recipes!

Mezzetta Hot Chili Peppers 32 oz.

439



Original, Mild or Fire Roasted

Ro-Tel Diced Tomatoes & Green Chilies

10 oz.

199



100% Natural Hunt's Tomato Sauce 33.5 oz.



100% Natural

Swanson Chicken Broth

Without coupon 3.47, limit 8 per coupon







Plain, Italian Style or Garlic Herb

Progresso Bread Crumbs

15 oz.

INFAD CRUMBI







Without coupon 3.19, limit 3 per coupon

Deli-Sliced

Mezzetta Peppers or Peperoncini

16 oz.

Without coupon 2.49, limit 5 per coupon









Hot dog topper!

Hunt's Tomato Ketchup

32 oz.





Best Foods Mayonnaise

Real, Spicy Dressing or Garlic Aioli Dip & Spread 11.5 oz.

399



Plant Based

Best Foods

Vegan Dressing

& Spread

24 oz.

599



The Original

Lea & Perrins Worcestershire Sauce

5 oz.

249



Chipotle or Garlic

Kraft Aioli Sauce

12 oz.

449



Make tartar sauce!

Heinz Sweet Relish 12.7 oz.

729



Original Heinz Cocktail Sauce

12 oz.

749



Stone Ground Gulden's Dijon Mustard

199



Fresh Packed Pickles

Vlasic Kosher Dill Spears



Real

Best Foods Mayonnaise

48 oz.

699 ea.

Without coupon for 7.99, limit 5 per coupon







Slow-Simmered

Kraft Barbecue Sauce & Dip

17.5 to 18 oz.

2;\$4

ea. set

Without coupon 2 for 4.50, limit 4 set per coupon Coupon price good on set purchase only.





26 to July

1376-50

Distilled

Heinz Apple Cider Flavored Vinegar

64 oz.

379

Without coupon 3.99, limit 5 per coupon



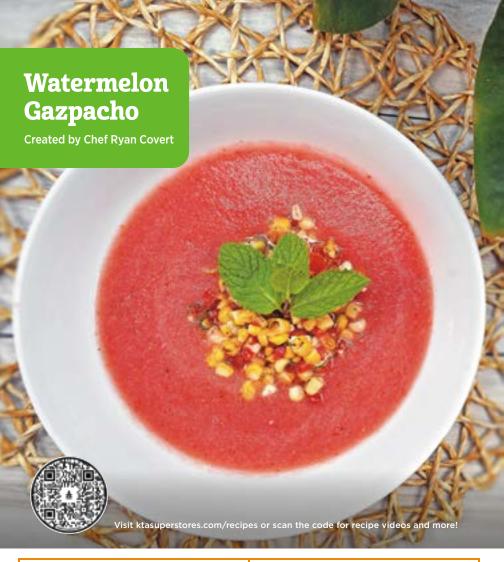


1301-20



July 9, 2024









Premium
Star
Grapeseed
Oil
33.8 oz.



Watermelon Gazpacho with Grilled Corn Relish

1 medium size seedless Thai watermelon. cored and cubed

1 pack (10 oz.) grape tomatoes, wash, remove stems

1 English cucumber, peeled and cut into small cubes

½ tsp. salt, to taste pq.8

½ tsp. pepper, to taste pg.8

5 pieces of corn on the cob. remove husks, silk

1 tbsp. olive oil pg.15

1 medium size red bell pepper, small dice

8 mint leaves, chiffonade

½ cup Feta cheese pg.46

Place the watermelon into a blender with the grape tomatoes and cucumber, blend until smooth. Pour the mixture into a large bowl, salt & pepper to taste and mix together well. Refrigerate for at least one hour before serving.

While the gazpacho is cooling, preheat grill to medium high heat. Drizzle the corn with olive oil and season with salt and pepper. Grill the corn, turning it every few minutes until each side is a light gold color, about six to eight minutes. Let the corn cool and then cut the kernels off of the cob.

In a medium bowl, add cut corn, red pepper, mint, feta cheese and season with salt & pepper. To serve the gazpacho, ladle the chilled soup into bowls and garnish with the corn relish. Enjoy this refreshing soup for a light lunch on a warm day.

Servings:

6 to 8 servings

Total Time:

1 hour 30 minutes

Pair With:

Sterling Vintner's Collection Chardonnay pg.62

Original, Extra Virgin or Light

Star Olive Oil 16 9 07

Without coupon 7.99. limit 5 per coupon





1318-40



All-Vegetable
Crisco
Shortening
Baking Sticks
20 oz., 3 count

599



All-Vegetable
Crisco
Shortening
Savings!
48 oz.

899



Naturally Decaffeinated

Sanka Instant Coffee 8 oz.

589



Ground or Whole Bean

Gëvalia Arabica Coffee 12 oz.

799



Unicorn Marshmallows or Marshmallow Lovers

Swiss Miss Hot Cocoa Mix 6 envelopes

389



Marshmallow Super Value Pack

Swiss Miss Hot Cocoa Mix 30 envelopes

Q19



Concord Welch's Grape Jelly

329



Classic Malt
Ovaltine
Drink
Mix
12 oz.



Canola or Vegetable Crisco **Pure Oil**

799

128 oz.

Without coupon 14.99, limit 5 per coupon







Traditional or Dark Roast Yuban **Ground Coffee**

25.3 to 31 oz.

Without coupon 8.99, limit 3 per coupon





1331-20

Milk Chocolate, Marshmallow, Dark Chocolate or Variety Pack

Swiss Miss Hot Cocoa Mix 8 envelopes

Without coupon 3.19, limit 5 per coupon





1333-20









Coffee & Milk Beverage

Dunkin' Iced Coffee 13.7 oz.



Coca-Cola, Sprite Fanta Orange or Seagram's Ginger Ale 6 cans - 7.5 oz.

569



ea.

Regular or Zero

Powerade Sports Drink





Flavored Sparkling

Topo Chico Sabores Water 8 cans - 12 oz.

799



Electrolytes + Antioxidants

Mela Watermelon Water 16.9 oz.

329



crui at Tea Flavored

Frui ot Tea Flavored
Nixie Sparkling
Water 8 cans - 12 oz.

599

Fruit or Tea

Crystal Light Drink Mix

1.4 to 3.2 oz.

369



Tang Drink Mix 58.9 oz.

Orange

Q79



Soda savings!

Coca-Cola, Sprite or Dr. Pepper 24 cans - 12 oz.

Without coupon 16.19, limit 2 per coupon







Assorted

Monster or Reign Energy Drinks

15.5 to 16 oz.

ea. set

Without coupon 2 for 4.50, limit 4 sets per coupon Coupon price good on set purchase only.





Excludes Reign Storm





Vitamin Enhanced

Roar Organic Drinks

18 oz.

Without coupon 2 for 5.00, limit 3 sets per coupon Coupon price good on set purchase only.





1326-50



Regular or Roarin' Waters

Capri Sun **Juice Drinks** 10 pouches





Enjoy a taste of summer at home, the beach, park or at family gatherings with Hawaiian Sun drinks made in Hawai'i.



Natural Flavored
Hawaiian Sun
Pancake
Mix

6 oz.

339



Enjoy with pancakes! **Hawaiian Sun Syrup**12.5 oz.



Enjoya Vaste of Hawaii

Start your morning with Hawaiian Sun Tropical Flavored Pancake Mix easy to make batter - just add water.

Then, add a tasty touch to your pancakes with a drizzle of Hawaiian Sun Tropical Flavored syrup.



Fruit or Tea Hawaiian Sun Natural Drinks

6 cans - 11.5 oz.

2°5650





1324

Without coupon 2 for 7.00, limit 6 sets (3 cases) per coupon Coupon price good on set purchase only.

100% Juice or Grapefruit

Ocean Spray Juice Drinks

499



Cranberry or Cran-Grape

Ocean Spray Juice Drinks

5²⁹

6 btls. - 10 oz.



Purified Hawaiian Mountain Fresh Water

gg¢

1.5 liters



Purified or Distilled Hawaiian Mountain Fresh Water

2:\$7



Organic Green Tea
Steaz
Antioxidant
Brew
16 oz.

2;\$450



Antioxidant Brew Steaz Organic Yerba Mate 16 oz.

2:\$5



Sliced
Love's Hot Dog
or Hamburger
Buns
8 count

499





Love's Old Fashioned or Powdered Donuts 6 count

Cranberry, Blends or Zero Sugar Cranberry

Ocean Spray Juice Drink

60 to 64 oz.

429

Without coupon 4.59, limit 5 per coupon









Purified

Hawaiian Mountain Fresh Water

35 bottles - 16.9 oz.

1149

Without coupon 11.79, limit 5 per coupon





6 to July 9,



Pure or Flavored

C20 Coconut Water

17.5 oz.

2°\$4

Without coupon 2 for 5.00, limit 4 sets per coupon Coupon price good on set purchase only.



KTA SUPER STORES

1312-100



uly 9, 2024

Sandwich maker!

Love's Royal Hearth Bread

24 oz. loaf









Frosted Strawberry

Kellogg's
Pop•Tarts Bites
10 pouches

597

Original
Kellogg's
Rice Krispies
Treats
40 count



High in fiber & protein!

Wild Harvest Organic Tahini ^{16 oz.}



Creamy
Wild Harvest
Almond

Almond Butter 12 oz.

789



113

Orange Essential Everyday Marmalade 18 oz.

329



Halves & Pieces **Essential**

Everyday Cashews

629



Rosemary Garlic Parmesan

Red Lobster Biscuit Mix 11.36 oz.





Honey

Krusteaz Cornbread & Muffin Mix



Toaster Pastries

Kellogg's Pop•Tarts

8 count

2°56 ea. set

QOD.







Without coupon 2 for 7.00, limit 4 sets per coupon Coupon price good on set purchase only.

Creamy or Crunchy

Wild Harvest Organic Peanut Butter Spread 16 oz.

489

Without coupon 5.19, limit 5 per coupon





6 to July 9, 2



US Grade A

Essential Everyday Clover Honey 12 oz.

4²⁹

Without coupon 4.49, limit 3 per coupon





1341-20



July 9, 2024







Vitamin D Added

Essential Everyday

Evaporated

Milk
12 oz.

3;\$4



Pure Granulated Essential Everyday Sugar 4 lbs.

379



Cranberry Orange King Arthur Scone Mix 14 oz.

199



Neapolitan-Style King Arthur '00' Pizza Flour 3 lbs.

679



Dark Chocolate or Chewy Fudge

Duncan Hines Brownie Mix 18.2 to 18.3 oz.

219



Original or Baking
PAM No-Stick
Cooking
Spray

459





Angel Flake

Baker's Sweetened Coconut 7 oz.

199

Unflavored
Knox
Original
Gelatine
1 oz., 4 envelopes



Enriched, Bleached & Pre-Sifted

Essential Everyday All-Purpose Flour

5 lbs.

2^f\$7_{ea. set}

Without coupon 2 for 7.50, limit 4 sets per coupon Coupon price good on set purchase only.







Whole Wheat, White Whole Wheat or Unbleached Bread

King Arthur Flour

5 lbs.

549

Without coupon 5.99, limit 5 per coupon





% to July 9



Original or Sugar Free

Hunt's Snack Pack Pudding

12 cups

379

Without coupon 3.99, limit 5 per coupon





1374-20



20 ______

Regular or Sugar Free Jell-O Gelatin Dessert Mix

.3 to 3 oz.

5:56



Make sundaes! Hershey's **Assorted** Syrup 22 to 24 oz.



Hershey's Syrup Zero Sugar 17.5 oz., Simply 5 Chocolate 21.8 oz. or **Baking Cocoa** 8 oz.





Sweet Deals!

Ferrero Kinder Chocolate 1.5 to 1.8 oz., Ferrara Brach's Nips 3.25 oz., Trolli Gummies 4 to 5 oz. or Tic Tac Mints 1 oz.



Candy Buy! Ferrero, Ferrara Boxes 2.8 to 5 oz. or Sweet Tarts Ropes 3 oz. bag



Candy Sale!

Sour Punch, Red Vines, Annabelle, Good News, Airheads or Storck Mamba or Werther's 1.5 to 2.8 oz.



Sour Punch Gummies

6.75 oz. or

Loacker Wafers

5.29 to 6.17 oz.



Chocolate Biscuit Snack Meiji Kinoko No Yama 2.61 oz.

Assorted Flavors Morinaga Hi-Chew Candy 3 to 3.53 oz.



Hershey's

Baking Chips 8 to 12 oz., Shell, Topping, Syrup 7 to 15 oz. or Reese's Peanut Butter 18 oz.

ea. set

Without coupon 2 for 6.50, limit 4 sets per coupon Coupon price good on set purchase only.









Assorted

Ferrero or Ferrara **Candy Singles**

.92 to 2.44 oz.

ea. set

Without coupon 5 for 6.00, limit 3 sets per coupon Coupon price good on set purchase only.









Candy Savings!

Storck Werther's, Riesen, Coffee Rio, Creme Savers or Mamba Magic Sticks 2.65 to 6.3 oz.

ea. set

Without coupon 2 for 6.00, limit 4 sets per coupon Coupon price good on set purchase only.





1344-100





Nabisco Snacks

Honey Maid Graham Crackers 12.2 to 14.4 oz.. Belvita Breakfast

8.8 oz. or Newtons Cookies 10 oz.



Nabisco Savings!

Nilla Wafer 11 oz., Nutter Butter Wafers 10.5 oz. or

Butter Cookies 15.27 to 16 oz.





Luna Nutrition **Bar Buv!**

1 69 07

BUILDERS BUILDERS OF BUILDERS

Clif Builders Protein Bar

2.4 07.

Sweet, Exotic Potato or Sweet & Beets

Terra Real **Vegetable** Chips 5 oz.



Grain Free Siete Tortilla Chips 5 oz.



Enjoy with dip!

Tostitos Tortilla Chips 10 to 12 oz.



Assorted Doritos 10 oz... Tostitos or Lay's Dip 15 07.



Nabisco Deals!

Chips Ahoy! Cookies 7 to 13 oz., Snack Crackers 3.5 to 8.5 oz., Ritz **Toasted Chips, Cheese Crispers** or Crisp & Thins 7 to 8.1 oz.

ea. set

Without coupon 2 for 8.00, limit 5 sets per coupon Coupon price good on set purchase only.

Without coupon 2 for 4.00, limit 4 sets per coupon Coupon price good on set purchase only.





1345-100



Sustained Energy

Clif Energy Bar Sale!

2.4 oz.

ea. set



Have a movie night!

LesserEvil Space Balls or Organic Popcorn

4.6 to 6.4 oz.

Without coupon 3.99, limit 5 per coupon







1325-30



Popcorners Snacks, **Lay's Potato Chips** or Poppables 5 to 8 oz.





Enjoy Back to Nature crackers with cheese, dips, soups, your favorite topping or simply for snacking all by themselves.



Plant Based Snacks Inspired by Nature.

Organic Olyra Breakfast Biscuits 5.3 07.



Back to

Nature Cookies 9.5 to 12 oz.



Rolled Coconut Wafers Sun Tropics Coco

Rolls 4 07.



Multi Grain, Sourdough or Rye

Wasa Whole Grain Crispbread

9.5 to 9.7 oz.





Satisfy your sweet craving with rich and delicious Back to Nature cookies you won't be able to resist.



Plant Based

Back to Nature Crackers

4 to 8.5 oz.

Without coupon 2 for 8.00, limit 5 sets per coupon Coupon price good on set purchase only.







Gourmet

Milton's Craft **Bakers Crackers**

6.8 to 8.4 oz.

ea. set





1347-100

Without coupon 2 for 8.00, limit 5 sets per coupon Coupon price good on set purchase only.

Dry Roasted Fisher Sunflower Kernels 7.25 oz.

329



Whole Natural or Roasted Salted

Fisher Almonds Savings!

349



Trail Mix

Planters Spicy Nuts & Cajun Sticks

269



Salted, Lightly Salted or Unsalted

Planters Mixed Nuts 10.3 oz.

6¹⁹



Roasted, Seasoned or Chocolate Covered

Mauna Loa Macadamia Nuts 4 to 5 oz. cup

599



Milk Chocolate Covered Macadamias

Mauna Loa Mountains

25⁹⁹

Original or Flavored

Kaimana Ahi Tuna Jerky

5⁷⁹



Kaimana Flavored
Wicked Wahoo
or Salmon

Jerky 2 oz.



Dry Roasted Fisher Peanuts 14 oz.

399 ea.

Without coupon 4.19, limit 5 per coupon







Salted or Lightly Salted Planters Cocktail Peanuts
12 oz.

329

Without coupon 3.49, limit 5 per coupon





ne 26 to July



Unsalted, Seasoned, Roasted or Chocolate Covered

Mauna Loa Macadamias

8 oz. bag

999

Without coupon 10.99, limit 5 per coupon







1313-100



o July 9, 2024



Nong Shim Snacks

Shrimp Crackers, Onion Rings or Tako Chips 1.76 to 2.6 oz.

2:\$4



Grilled Seaweed
Tao Kae Noi
Big Roll
Snacks
.95 oz.

2:\$5



Koikeya Snack Savings!

Gokochi Potato Chips, Karamucho Hot Chili Potato Chips or Corn Snacks 1.9 to 2.29 oz.

2:53



Mild. Medium Hot or Hot

S&B Golden Curry Sauce Mix 3.2 oz.

269



Peeled Whole Segments

Shirakiku Mandarin Oranges 11 oz.

2:53



Roasted Regular or Hulled

Shirakiku Sesame Seeds 8 to 8.5 oz.

379



Kadoya Sesame Oil

Pure

5.5 oz.

349





Shirakiku Fresh Chow Mein Noodles With Seasoning 16.8 oz.

Regular, Nori or Teriyaki Shelly Senbei Crackers 5.3 to 5.64 oz.

259

Without coupon 2.99, limit 8 per coupon







Assorted **Kikkoman**

Instant Soup Mix .33 to 1.34 oz.

269

Without coupon 2.99, limit 5 per coupon





26 to July 9



Sweet Rice

Shirakiku Mochiko Flour ^{16 oz.}

199

Without coupon 2.39, limit 5 per coupon





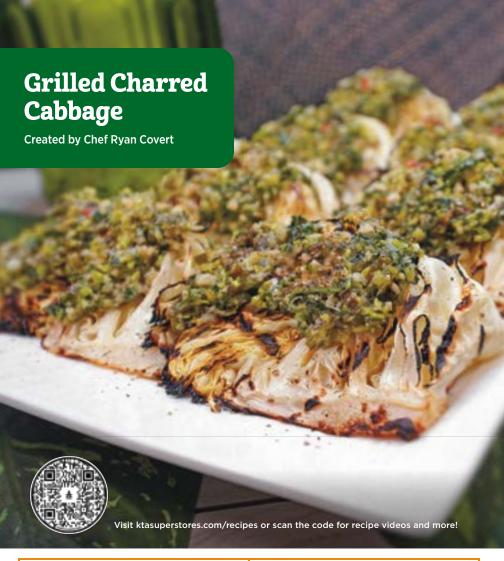
1351-40



July 9, 2024

Japanese Fine or Flakes Shirakiku Panko Bread Crumbs 4.02 oz.







279



Minced
Lee Kum Kee
Garlic or
Ginger
7.5 oz.



Grilled Charred Cabbage with Ginger-Scallion Dressing

1 large head green cabbage, cut into 8 wedges with the core left intact

extra-virgin olive oil, for drizzling pg.15

salt and pepper pg.8

1 cup peanut or canola oil pg.16

½ cup fresh ginger, minced pg.38

3 tbsp. garlic, minced pg.38

1 Thai or Hawaii chili, minced, optional

1 cup scallion or green onion, fine chopped

3 tbsp. fish sauce

2 limes, juiced

1 cup cilantro

Pre-heat your grill on medium high heat. Drizzle the cabbage wedges with olive oil and season with salt and pepper. Place onto the grill and close the lid. Cook until the cabbage is charred and softened, flipping halfway, about five minutes per side.

In a sauce pot, add oil and heat until smoking hot, add ginger, garlic, chili, green onions and cook for 30 seconds. Remove from heat and add fish sauce, lime juice and cilantro. Set aside.

Once the cabbage is charred and tender, transfer to a serving platter. Add dressing to each piece of cabbage. Season with salt and pepper if needed. Enjoy as a side dish or for light lunch.

Servings:

4 to 6 servings

Total Time:

30 minutes

Pair With:

Kim Crawford Sauvignon Blanc pq.62

Kum Chun

Lee Kum Kee **Ovster Sauce**

Flavored 17 oz.

Without coupon 1.69, limit 3 per coupon





1349-30



Family Coconut Milk, Chef's Choice Coconut Milk or Cream

169



Regular or Cane
Silver Swan
Vinegar 33.81 oz.
or Soy Sauce
Special 34 oz.

269



Gluten Free Lotus Foods Rice Ramen 2.8 oz.

219



Instant Beverage
Prince of Peace
Ginger Honey
Crystals
10 count

399





Thick Cut Beef Short Ribs

Frozen

799

Frozen 73% Lean Harris Ranch Ground Beef Patties 3 lbs.

1699



Tyson Chicken
Drumsticks
or Thighs
40 oz.

499



Tyson Chicken
Nuggets
or Patties
25 to 32 oz.

6⁹⁹



Dried Premium

Family Shiitake Mushrooms

Whole or Sliced 5 oz.

Without coupon 5.69, limit 5 per coupon







All Natural **Tasty Bite Indian Cuisine**

10 oz. pouch





Without coupon 4.29, limit 5 per coupon

Excludes Organic

Grill shrimp kabobs!

1916 EZ Peel **Frozen Shrimp**

2 lbs. - 21 to 25 count

Without coupon 18.99, limit 2 per coupon





1522-100



Boneless Skinless Tyson Frozen **Chicken Thighs** 40 oz.



Frozen Sausage Farmer John Pork Links 8 oz.

3;\$7



Premium Farmer John Wieners 12 oz.

329



Lunch Combinations

Oscar Mayer Lunchables 8.9 to 10.7 oz.

2:56



Oscar Mayer Meats 7 to 9 oz.

579



Banquet Pot

Pies 7 oz.

3:56



Frozen Sausage Links or Patties

Banquet Brown 'N Serve

3:\$8



Sea Salted or Unsalted

Challenge Whipped Butter

369



Sea Salted Challenge Spreadable Butter

15 oz.



Classic or Thick Cut **Farmer John** Bacon 12 oz.

Without coupon 5.19, limit 3 per coupon







Fully Cooked

Oscar Mayer Wieners or Smokies Sausages

14 to 16 oz.

Without coupon 3.99, limit 3 per coupon





Frozen Original or Southern

Banquet Crispy Fried Chicken

29 oz.

Without coupon 11.29, limit 3 per coupon





1525-40







Portuguese Brand Cocktail or Longanisa

Frank's **Foods** Sausage 12 07.



Frank's Foods

Smoked Sausage, Sliced Mild Portuguese Brand Sausage 12 oz., Reg. or **Skinless Portuguese** Brand Hot Dogs 16 oz.



Portuguese Sausage Banh Mi Hotdogs with Pickled Summer Vegetables

½ cup daikon, julienne

½ cup carrots, julienne

½ cup zucchini, julienne

½ cup sweet onion, julienne

1 cup water pg.22,23

1 cup sugar pg.26

1 cup apple cider vinegar pg.13

½ tbsp. salt pg.8

8 skewers, 6 to 8 inches long, soak in water for 10 minutes

1 pack 16 oz. Frank's Foods Portuguese Sausage hotdogs pg.44

1 pack 8 hot dog buns pg.22

Sriracha mayo or mayo

1/2 cup cilantro leaves, for garnish

½ cup Thai basil leaves, for garnish

In a heat proof bowl, place the daikon, carrots, zucchini and onion. Combine water, sugar, vinegar and salt in a saucepan. Bring to a boil, stirring until sugar and salt has dissolved. Pour the boiling pickling liquid over vegetables and let marinate at least 15 to 20 minutes. Once cooled, drain the pickled vegetables.

While vegetables are marinating, pre-heat grill on medium high heat. Grill the sausage for two to three minutes per side achieving a nice char. Once cooked, place on a plate with paper towels to absorb the extra oil from sausage.

To assemble the hotdog, spread each half of bun with desired amount of mayonnaise, add sausage, top with desired amount of pickled vegetables, cilantro and Thai basil. Enjoy these delicious summertime hotdogs with your favorite side dishes.

Servings:

4 servings

Total Time:

45 minutes

Pair With:

Lillie's Pinot Grigio Wine pg.62

Frank's Foods Franks 16 oz., Portuguese Brand or Blood Sausage

12 oz.

519 6a.

Without coupon 5.59. limit 3 per coupon





1528-40



10 July 9, 2024

Morning Star Farms
Frozen Plant Based Burgers,
Grillers, Breakfast

Links, Patties or Strips 5.25 to 9.5 oz.

5³⁹



Regular or Mini Buttermilk

Eggo Frozen Pancakes 14.1 to 14.8 oz.

399



Frozen Panko

Mrs. Friday's Breaded Oysters 2.5 lbs. - 18 to 25 ct.

2289



Group Pack'
Forbid
Birling
2004

Mrs. Friday's
Fantail Shrimp
Frozen 2.5 lbs. - 21 to 25 ct.

26⁷⁹

Chunk, Shredded or Crumbles

Kraft Natural Cheese 5 to 8 oz.

429



Cheddar, Swiss or Provolone

Kraft Natural

Cheese Slices

459



Original or Chocolate

Meadow Gold Macadamia Milk

64 oz.

499



From Concentrate
Mountain Apple
Brand 100%
Orange Juice

527

64 07.





Frozen
Eggo
Waffles
11.6 to 12.3 oz.

399 ea.

Without coupon 4.39, limit 3 per coupon









Seattle International Garlic French Bread

18 oz. loaf

519 ea.

Without coupon 5.59, limit 3 per coupon





1524-40 July 9, 2024

Assorted
Kraft Singles or

Velveeta Slices

5²⁹

Without coupon 5.69, limit 3 per coupon





1530-40



uly 9, 2022



Bakery Assorted

Brill Sliced **Loaf Cake** 16 oz.

99





Deli Quick & 'Ono Meat Lasagna Not Available at All Locations

A variety of flavors! **Ben & Jerry Ice Cream** Savings! 15.2 to 16 oz.

599



Ice Cream Treats **Good Humor,** Klondike or Magnum 3 to 6 count



Binggrae Melona **Ice Cream** 1.5 quarts



Binggrae Melona Mochi **Ice Cream** 6 count



Moisturizing St. Ives **Body** Lotion 21 07.



All Natural St. Ives **Facial** Scrub 6 07.



Assorted Flavors

Bakery Mini Cookies Party Pack

15 oz., 24 count

Without coupon 6.99, limit 2 per coupon







Assorted **Breyers Ice Cream** 1.5 quarts

Without coupon 7.39, limit 3 per coupon





Assorted **Meadow Gold Ice Cream**

1.5 quarts

Without coupon 6.39, limit 3 per coupon





1532-40



All Natural St. Ives **Body Wash** 16 oz.



Nutrex Supplements

BioAstin 12mg - 50 ct., TurmericAstin 30 ct., EyeAstin 60 ct. or JointAstin

120 ct.

1899



Hawaiian Astaxanthin

Nutrex BioAstin Gummies

2199





Ricola Cough
Drops Stick 9 count

89¢

Family Size Ricola Cough Drops 34 to 45 ct.

529



Extra Strength Caplets

Tylenol Pain Reliever

399



Tylenol Pain Reliever

Rapid Release, 8 HR Arthritis or Muscle Aches & Pain 24 count

499



U by Kotex Security Pads 14 to 24 count or Liners

2;\$7

64 count



Huggies Regular or New Leaf

Pull•Ups
Training
Pants
14 to 23 count



Nutrex Supplements

BioAstin Hawaiian Astaxanthin 12mg - 25 ct., 4mg - 60 ct. or Pure Hawaiian Spirulina 500mg - 200 ct.

Without coupon 12.99, limit 5 per coupon









All Natural

Ricola **Cough Drops**

17 to 24 count





Without coupon 2.59, limit 5 per coupon

Pain Reliever & Fever Reducer

Children's Tylenol or Motrin

4 oz. liquid

Without coupon 8.29, limit 5 per coupon





1388-30



Little Snugglers or Movers

Huggies Diapers

16 to 32 count





Kappa Reading Glasses Sale!

1 count

2:53

COST OF

Crest Toothpaste

Cavity, Tartar Protection or Baking Soda + Peroxide Whitening 4.2 oz.

219

Revion
Color Silk
Hair Color

449

1 application



Shampoo or Conditioner

OGX Hair Care

Brazilian Keratin Therapy, Biotin & Collagen, Argan Oil of Morocco, Coconut Milk or Teatree Mint 13 oz.

699



Hawaiian Tropic After Sun Care

Silk Hydration Lotion 6 oz. or Lime Coolada Moisturizer 16 oz.

699



Skin Nourishing Milk SPF 50

Hawaiian Tropic Mineral Lotion Sunscreen

1399



On the Go Ultra

Kleenex Wallet Pack Tissues 3 count

139



A clean, fresh towel every time!

Kleenex Hand Towels

2:55



Shampoo or Conditioner

Herbal Essences Hair Care

11.7 oz.

Without coupon 4.99, limit 6 per coupon







OGX Biotin & Collagen Extra Strength, Damage Remedy + Coconut Miracle, Coconut Fine Curls 13 oz. or

Aveeno Hair Care 12 07.

Without coupon 7.49, limit 6 per coupon







Skin Nourishing Milk SPF 30 Hawaiian Tropic Mineral Sunscreen

Lotion or Spray 1.7 to 3.4 oz.

Without coupon 12.99, limit 5 per coupon





1391-100



Kleenex Facial Tissues Savings!

Trusted Care, Lotion or Ultra Soft 120 to 160 ct.



Febreze
Fabric
Refresher
23.6 to 27 oz.

499



Bounty Bounty

Select-A-Size **Bounty Paper Towels** 6 double rolls

1599

Compostable
Mālama Eco
Spoons or
Forks
25 count

2:\$3





Quart or Gallon Size

Mālama Eco Storage
or Freezer Bags
15 to 25 count

219

Tall Kitchen
Hefty Ultra
Strong
Trash Bags
40 count

899





Aluminum Foil
Reynolds Wrap
Heavy Duty
37.5 square feet

397

Assorted
Essential
Everyday
Dog Food
13.2 oz.

4;\$7



Premium
Wild Harvest
Dry Dog
Food
3.5 to 4 lbs.



Strong

Charmin Essentials Bath Tissues

6 mega rolls

Without coupon 7.59, limit 3 per coupon







Sustainable

Mālama Eco Products **Paper Plates**

30 count

Without coupon 3.49, limit 5 per coupon





1381-50

Everyday

Reynolds Wrap Aluminum Foil

200 square feet







Without coupon 10.99, limit 3 per coupon

Premium Wild Harvest Dry Cat Food 3 lbs.





Complete Fresh Scent

Cascade Dishwasher Detergent 18 ActionPacs



Erasing Dawn Ultra Platinum Dish Foam 10.1 oz.



All-Purpose, Multi-Surface or Shower

Method Cleaner Sale! 28 oz.

69



Original Pine-Sol **Multi-Surface** Cleaner 40 07.



Power or Power & Free

Lysol **Toilet Bowl** Cleaner 24 07.



Kills 99.9% of viruses & bacteria!

Lysol **Disinfectant** Spray 12.5 oz.



Libman

Power Scrub Brush. **Dust Pan or**

Revnera

XL Angle Broom 1 count



Brillo Steel Wool Soap Pads 10 count



Antibacterial Apple Blossom

Dawn Ultra Dish Liquid

70 oz.

Without coupon 9.97, limit 3 per coupon







Eliminates tough lingering odors!

Febreze Air Mist Air Freshener

8.8 oz.

Without coupon 3.69, limit 5 per coupon







Kills cold & flu viruses!

Lysol Disinfecting Wet Wipes

80 count

Without coupon 7.39, limit 5 per coupon











Assorted
Kitchen Helper
Tongs 1 count

25% OFF REGULAR PRICES

Inomata
Dressing or
Cooking Bottle

2:\$6



Assorted LED
Dorcy Lantern,
Flashlight or
Headlamp
1 to 2 count

25% OFF REGULAR PRICES



6 to 14 inches
Round
Scoop
Nets
1 count

30% OFF REGULAR PRICES



Mr. Bar-B-Q Accessories

Scrubber, Scrub Brush, Chimney Starter 1 count, Tool or Nested Set 3 count

20% OFF REGULAR PRICES



26 or 40 Quart Capacity

Foam Cooler Savings! 1 count

25% OFF REGULAR PRICES



Ridge Charcoal Essential Everyday Briquets

6⁹⁹

7.7 lbs.



Essential Everyday
Instant Light
Ridge Charcoal
Briquets
6.2 lbs.



Make musubi!

Kitchen Helper Sushi Mold

1 count

Without coupon 6.99, limit 3 per coupon









Ultra HD Series 41-4335

Dorcy LED Headlamp

1 count

Without coupon 20.99, limit 2 per coupon







Disposable

Mr. Bar-B-Q **Instant Charcoal Grill** 1 count

Without coupon 9.99, limit 2 per coupon





1397-100



Charcoal

Essential Everyday Lighter Fluid

32 oz.



Made in Hawaii!
Ola Brew or
Maui Brewing
Co. Beer
6 cans

1199 ea.



Maui Brewing Co.
Hard Seltzer 6 cans

or Ola Brew

Hard Juice, Seltzer or Organic Hard Tea 6 cans

10⁹⁹



Beer Savings!

Bud Light 12 btls./cans, Budweiser Regular, Zero Alcohol, Coors Banquet, Light or Miller Lite 12 cans

1497



American-Style
Natural
Ice or Light
Beer
15 cans

1199



Premium Arizona Hard Iced Tea

1859



Fremium
Kirin
Ichiban
Beer
12 btls./cans

13⁷⁹



Assorted
Sierra
Nevada
Beer
12 btls./cans

1899



Heineken Beer Sale!

Premium, Light, Silver 12 btls./cans or 0.0 Zero Alcohol 12 cans



Mix cocktails!

New Amsterdam

No. 485 Gin

or Vodka

750 ml.

1199



Silver or Gold Jose Cuervo Especial Tequila 750 ml.

1599



Old No. 7 or Flavored Jack Daniel's Tennessee Whiskey 750 ml.

20⁹⁹ ea.



Selected
Crown Royal
Canadian
Whisky
750 ml.

22⁹⁹



Original

Jameson
Irish
Whiskey
750 ml.

2397



Assorted
Bacardi
Rum
Sale!
750 ml.

1399



Japanese Ready-To-Drink

Suntory -196 Vodka Seltzer

1159



Low sugar, carbs & calories!

BeatBox Party Punch 500 ml.

3:\$10



California Lillie's Collection Wines 750 ml.

997



New Zealand Wines Kim Crawford Sauvignon Blanc or Prosecco 750 ml.

1499



Oregon
Erath
Pinot Noir
Wine
750 ml.

1499



California Wine
Sterling
Vintner's
Collection
750 ml.

999



Captivate your senses!

Prophecy Wine Savings! 750 ml.

10⁹⁹



Made with organic grapes!

Bonterra California Wines

1199



Grapefruit, Strawberry, Plum or Green Grape

Jinro Flavored Soju 375 ml.

2;\$11



Jinro Soju Savings! Chamisul Fresh 750 ml. or 24 Original 700 ml



Grocery

Back to Nature Crackers	33
Best Foods Mayonnaise	13
Bumble Bee Tuna	5
Bush's Beans	7
C20 Coconut Water	23
Clif Bars	
Coca-Cola Soda	19
Coffee-Rio, Creme Savers, Mamba or Storck Candies	29
Crisco Oil	17
Essential Everyday Flour	27
Essential Everyday Honey	
Family Dried Shiitake Mushrooms	41
Ferrero or Ferrara Candies	
Fisher Peanuts	
Hawaiian Mountain Fresh Water	
Hawaiian Sun Drinks	21
Heinz Apple Cider Flavored Vinegar	
Herdez Salsa	
Hershey's Baking Chips, Toppings or Reese's Peanut Butter	
Hormel Mary Kitchen Corned or Roast Beef Hash	
Hunt's Snack Pack Pudding	
Kellogg's Pop Tarts	
Kikkoman Soups	
King Arthur Baking Co. Flour	
Kraft Barbecue Sauce	
La Costeña Black or Pinto Beans	7
LesserEvil Space Balls or Popcorn	
Libby's Corned Beef	
LKK Kum Chun Ovster Sauce	
Mauna Loa Macadamia Nuts	
McCormick Sauce or Seasoning Mix	
McCormick Gravy or Chili Mix	9
Mezzetta Deli-Sliced Peppers or Peperoncini	
Milton's Craft Bakers Crackers	
Monster or Reign Energy Drinks	
Nabisco Snack Crackers or Chips Ahoy Cookies	
Ocean Spray Juice Drink	
Planter Cocktail Peanuts	
Progresso Bread Crumbs	
Roar Organic Drinks	
Shelly Senbei Crackers	
Shirakiku Mochiko Flour	
Star Olive Oil	
Swanson Chicken Broth	
Swiss Miss Hot Cocoa Mix	
Tasty Bite Meals	
Wild Harvest Peanut Butter	
Yuban Coffee	

Perishables

1916 EZ Peel Frozen Shrimp	4
Bakery Mini Cookies Party Pack	49
Banquet Crispy Fried Chicken	4
Breyers Ice Cream	49
Eggo Waffles	
Farmer John Bacon	
Frank's Foods Franks or Sausage	
Kraft Cheese Singles or Velveeta Slices	
Meadow Gold Ice Cream or Sherbet	
Oscar Mayer Wieners or Smokies Sausage	
Seattle International Garlic Bread	

Health & Beauty

Aveeno or OGX Shampoo or Conditioner	53
Children's Tylenol or Motrin Pain Reliever	51
Hawaiian Tropic Mineral Sunscreen	53
Herbal Essences Shampoo or Conditioner	53
Nutrex Bioastin or Spirulina Supplements	
Ricola Cough Drops	

Non-Foods

Charmin Essentials Bath Tissues	55
Dawn Ultra Antibacterial Dish Soap	57
Dorcy LED Headlamp	59
Febreze Air Mist Freshener	57
Kitchen Helper Sushi Mold	59
Lysol Disinfecting Wipes	57
Malama Eco Paper Plates	55
Mr. Bar-B-Q Instant Charcoal Grill	59
Reynolds Wran Aluminum Foil	55

DOWNTOWN, HILO

Mon-Sat 7am to 8pm, Sun 7am to 7pm 321 Keawe St......935-3751

PUAINAKO, HILO

5:30am to 10pm 50 East Puainako St......959-9111 Pharmacy......959-8700

WAIMEA

KTA EXPRESS, KEALAKEKUA

Mon-Sat 6am to 8pm, Sun 9am to 6pm 81-6602 Mamalahoa Hwy.......323-1916

WAIKOLOA VILLAGE

6am to 8pm Waikoloa Highlands Center ... 883-1088 Pharmacy883-8434

KAILUA-KONA

6am to 9pm Kona Coast Shopping Center.... 329-1677

KEAUHOU, KONA

7am to 8pm Keauhou Shopping Center..... 322-2311 Pharmacy.......322-2511

KTA DELIVERY

9am to 8pm - in the Hilo area Order at delivery.ktasuperstores.com

Store hours are subject to change. Visit ktasuperstores.com/store-locator for current hours.

